

SPBS Magazine



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6th ANNUAL AWARDS BANQUET



Joseph Manchester
1966—1970



Joseph Halliday
1970—1975



Thomas Williams
1981—1983



Vincent Hodge
1991—2000



Cordette Henry
2000—2002



Lorozine Williams
2002—2012



Carla Diamond
2012—2016

Morlene Buchanan-Whittaker 1975—1981	James Williams 1983—1991
*Bertram Haynes 1974	*Dulcie Richardson 1968
	*Stanley Edwards 1983

* Indicates Acting Principals



Boris Connor
2016—Present

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TABLE *of* CONTENTS

- 4 *Message from the President*
- 5 *The Banquet Programme*
- 6 *Members Profile*

- 8 *Message from the Patron*
- 9 *Biography of Guest Speaker*

SPBS 2016 Honorees

- 10 *Stachio Williams*
- 11 *Desiree Gumbs*

- 13 *Austin Duncan*
- 14 *Carline Edwards*

- 16 *Angeline Revan*
- 17 *Calvin Farier*

Principal's Award Winners

- 19 *Devondre Edmeade*
Ju'yvonna Jeffery
Zonya Williams

Rawlins Scholarship Winner

- 20 *Crios Freeman*

Guishard Memorial Scholarship Winners

- 22 *Rae-Dawn Richardson*
Xavier Brown

SPBS Undergrad Scholarship Winner

- 23 *Shanica Mills*

Warner Scholarship Winners

- 25 *Dottisha Taylor*
Karina Dore
- 26 *Khale Thomas*

Featured Articles

- 28 *From Humble Beginnings to Master Teacher, Master Leader Youths benefit from Sandy Point Benevolent Society's Gift*

- 30 *Youth on the Move*

- 32 *The Devatrea Mike College Story*

- 34 *The origins of the SPHS*

- 36 *Giving Back so Others Can Move Forward First Secretary of the SPHS*

- 38 *Passing the Torch in the Spirit*

- 40 *Zika Virus*

- 43 *Safeguarding Our Technology*

- 45 *Pet Corner*

- 47 *Reflecting on Secondary Education*

- 49 *Memories of my Childhood*

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Message From the Desk of the President

Monday December 26, 2016

“In the Abundance of Water, the Fool is Thirsty”: How SPBS has Satisfied my Thirst

First and foremost – *thank you* for setting SPBS on a course that helps deliver on extraordinary goals! The organization continues to grow by leaps and bounds and you should feel good because you contributed and helped to make SPBS bigger than any one of us. As we close out 2016, I reflect on the privilege I had to serve as the President of SPBS. I can't seem to help myself from saying that 2016 was our best year ever. Why is this the case?

2016 was a special year! The year was anchored by some significant events. These events remain with me and continue to shape my evolution as president of SPBS. Specifically I think of the *Olympics*, the *US Political Elections* and the *CEMSS 50th Anniversary Celebrations*. These events created anxieties but also created opportunities. One can argue that these events were as different as day and night. My thesis tonight is that in these events are *foundational* and form a solid basis and prescription for success of SPBS.

The Olympics reminds me of preparation and *perspiration*. Athletes spend months and in many cases, they spend a lifetime mastering their craft. The work ethic is second to none. You know the stories – the marathon runners who live in faraway hostile areas and run over 150 miles per week just to glide seamlessly and gracefully during the final event of the Olympics. Closer to home, you have witnessed how our own Kittitian sprinters can train and become recognized on the world stage. After 20 years, SPBS has a well-trained team constituted to execute both short range and long range opportunities. We take our craft quite seriously. We get better every season. We want to finish what we start. We strive for flawless execution!

The US elections made me think of my *aspirations* – or more importantly the collective aspirations of SPBS! We are driven year-on-year to deliver more to the Sandy Point community. We are driven year-on-year to build excitement about what is possible. We reduce our ambitions to something quite tangible. And we use two simple measures to help us continue to power our enthusiasm. First, the CEMSS community welcomes our contributions. The last two years saw us step forward and deliver two gifts valued at more than US\$45,000 – a Public Address System and a Steel Pan Orchestra. Second, we have attracted well-wishers and equally spirited nationals to partner with us to help us realize our goals. I am particularly indebted to Dr. Hannah Guishard, the Honorable Constance Mitcham, Robelto “Tango” Glasgow, Alrick Warner, Kirk Schulz, and Sir Hugh Rawlins, who have made extraordinary contributions to SPBS. The CEMSS 50th Anniversary is the reason we are here in St. Kitts – truly an *inspiration!* We dared to dream that we could successfully pull off a grand event in St. Kitts. We believed that we could marshal a team of volunteers and point them to a state of excellence, get out of their way, and marvel at excellence! As proud alumni of SPHS/CEMSS, we are charged to help make the 50th Anniversary uniquely successful. But we are even more excited at having expanded our SPBS base – I am ready to proclaim that we now have a vibrant and effective SKB Chapter of SPBS. What an inspiration!

We will face the future with the same foundational drivers – to *perspire*, to *aspire*, to *inspire!*

“The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively”. -Bob Marley

Stewart Williams,

Stewart Williams, Ph.D.,

Founder & President

The Sandy Point Benevolent Society, Inc (SPBS)

BANQUET PROGRAMME

MISTRESS OF CEREMONY
Jackiema Flemming

PROGRAM PART 1

Cocktail and Musical Prelude

PROGRAM PART 2

National Anthem of Federation of
St. Kitts and Nevis
Zonique Browne

Invocation & Blessing of Food
Pastor Clive Saunders

Welcome and Acknowledgement
of Guests
Dr. Stewart Williams,
President of SPBS

Remarks by Patron
Deputy Prime Minister
Hon. Shawn Richards

PROGRAM PART 3

DINNER

PROGRAM PART 4

Introduction of Keynote Speaker
Lindley Cole

Keynote Address
Ulester Douglas

PROGRAM PART 5

Presentation of Awards

AUSTIN DUNCAN
CARLINE EDWARDS
CALVIN FARIER
DESIREE GUMBS
ANGELINE REVAN
STACHIO WILLIAMS

PROGRAM PART 6

Raffle Drawing

PROGRAM PART 7

Vote of Thanks
Stephen Duggins
Local Chairperson

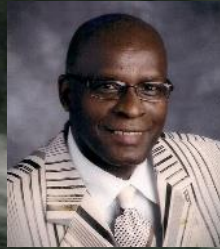
Dance, Dance, Dance

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PRO, Editor



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Vice-President



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President



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Elsa Revan



Stacey Green
Social Media



Vashti Phillip
*Fund Raising &
Social Media*



Kimarah Isaac



Ian M. Queeley



Desiree Gumbs
*Mentor
& Contributing Editor*



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Ministry of Education, Youth, Sports and Culture
P.O. Box 333
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Basseterre
St Kitts, WI

November 21, 2016

Dear Nationals, Residents and Friends of St. Kitts-Nevis:

It is for me, a singular honour to welcome the Sandy Point Benevolent Society (SPBS) Inc., New York Chapter, to the Federation of St. Kitts and Nevis. What I really mean to say is, "Welcome Home!" I am particularly delighted that SPBS has chosen St. Kitts as its venue for the staging of the sixth (6th) edition of its Annual Award Banquet. Hosting this highly anticipated event in celebration of the fiftieth (50th) year of the founding of the Sandy Point High School, now the Charles E. Mills Secondary School, is a remarkable accomplishment in itself.

We are overwhelmed by the hundreds of SPHS/CEMSS alumni who have made the pilgrimage to be part of history. Certainly the occasion promises to be a reunion of sorts - a time of reflection and an opportunity for networking. As I reflected and reviewed the work of SPBS as chronicled in the magazines of your previous Banquets, I am inclined to concur with Mrs. Jacinth Henry Martin, former elected parliamentarian for St. Christopher 5 (Sandy Point & Fig Tree) and a distinguished SPHS alumna, who once commented, "The Annual Awards Banquet brings us together again to reminisce and to regale each other with school yard stories and the joys of life in Sandy Point."

The Government of St. Kitts and Nevis, especially the Ministry of Education, remains deeply appreciative of the faithful and sterling contributions of SPBS. Your partnership in supporting education is exemplary, worthy of utmost commendation, and emulation. For the past twenty (20) years, your alma mater has been placed in a better condition because of your contribution. And today, Charles E. Mills Secondary School is better off as an educational institution on account of your members giving back to their alma mater. I therefore urge all SPHS/CEMSS alumni to come on board and emulate SPBS by "giving back so that others can move forward."

Let me join in saluting and celebrating our 2016 honorees and thank them for their many years of dedicated service to our beloved country.

My very best wishes for an enjoyable SPBS Annual Awards Banquet, and a new year of pursuing and surpassing the goals you have set for yourselves.

Kindest regards,

.....
Hon. Shawn K. Richards, M.P.
Deputy Prime Minister & Minister of Education, Youth, Sports & Culture

Biography of Guest Speaker Ulester Douglas

Ulester Douglas is the executive director of *Men Stopping Violence*, and a licensed psychotherapist with more than twenty-five years of experience working with individuals, families and communities on a wide range of psychological and social issues.

Ulester obtained his undergraduate and graduate degrees from the University of Michigan, Ann Arbor, and recently completed his third year as an adjunct professor at Emory University in Atlanta, GA.

Ulester was honored by Lifetime Television for Women, and the National Network to End Domestic Violence in 2003, and in 2012 by The Ford Motor Company, for his work to end violence against women. He has also received numerous awards including a National Institute of Mental Health Fellowship in 1990, the National District Attorneys Association's *Stephen L. Von Riesen Lecturer of Merit Award* in 2010, and the National Black Herstory Task Force's *Comrade Salute Award* in 2004. He has been interviewed by local, national and international media including CNN, The New York Times, NPR, HLN, The Tom Joyner Morning Show, News One Now with Roland Martin, The Al Sharpton Show, and The Atlanta Journal-Constitution.

Ulester has provided consultation, training and keynote presentations in 40 states, Europe and the Caribbean, including two U.S. State Department assignments, to community-based organizations, universities, corporations and government agencies. These include: The Centers for Disease Control and Prevention; The U.S. Department of Defense; The U.S. Department of Justice Office on Violence Against Women; The National Association of Attorneys General; The National District Attorneys Association; The American Society of Law, Medicine and Ethics; and State Domestic and Sexual assault Coalitions.



In 2005, Ulester was invited to Great Britain by its Home Office to discuss with members of The House of Lords, The House of Commons, Scotland Yard, National Crime Squad, London's City Hall, etc., best practices in working with men to end violence against women. He was also invited to the White House in 2010 to help commemorate the administration's launching of its domestic violence prevention initiatives. Ulester has served on the board of directors of the National Network to End Domestic Violence and on several advisory boards and committees including the International Association of Chiefs of Police's National Violence Against Women Advisory Group, the Corporate Alliance to End Partner Violence Advisory Board, and the Office on Violence Against Women's Safe Havens National Steering Committee. He currently serves on the board of the National Resource Center to end Domestic Violence and was recently appointed as a Commissioner, by Governor Nathan Deal, to the GA Commission on Family Violence.

Ulester has authored and co-authored articles and curricula on family violence and other human rights issues, including the article "Deconstructing Male Violence Against Women: The Men Stopping Violence Community-Accountability Model" (2008, *Violence Against Women*, Sage Publications); the curriculum *Men at Work: Building Safe Communities* (2008, Men Stopping Violence, Inc.); the article "Violence Against Women: The State of Batterer Intervention Prevention Programs" with Ileana Arias, Juergen Dankwork, Mary Ann Dutton and Kathlyn Stein (2002, *The Journal of Law, Medicine and Ethics*); and the book chapter "African-American Men Who Batter: A Community-Centered Approach to Prevention and Intervention" (2008, *Family Violence and Men of Color: Healing the Wounded Male Spirit*, Springer Publishing Company).

Distinguished Alumnus and Leadership Award

Stachio Williams



Stachio Williams is the owner and co-founder of SKNVibes, the Federation's oldest, largest and most reliable online multi-media house, though he might introduce himself simply as a Sandy Pointer... a proud product of the Sandy Point High School, now the Charles E. Mills Secondary School.

His life is one of enterprise and entrepreneurship, innovation and ingenuity, and above all, giving back to his community. By the time Stachio entered high school, his childhood had already prepared him for life's triumphs and

pitfalls. In his early days in a big family, in a small wooden house, in the care of a single mother, in the pace of the Back Way, Sandy Point, he found a hustle: a buzz to be enterprising, to earn money, to help out at home. By the time he had completed First Form, he had already tried a range of part-time jobs, from supermarket packing to wholesale stocking, with a stint of construction and scuba diving for good measure.

His formative high school years were just as busy. Stachio grew into a star athlete (having famously held the senior high jump record at 6'4"), but he always managed to excel in the subjects he chose in his senior years: Informational Technology, Business Studies, Mathematics, and French. In every form, he ranked in the top five of his class, and graduated second in his fifth form cohort, securing the top national results for his performance in Information Technology! By age 16, Stachio, now a student of the CFB College, was recruited for his first fulltime job in programming and web development at Liamuiga Computer Services. This became the

cradle for the next decade of Stachio's entrepreneurial rise. Foregoing a university education, and leaving the apparent safety of being employed, Stachio took the risk and co-founded EBIZZ Solutions in 2002, a company providing programming and web services for local businesses and entrepreneurs. It was the first of its kind on the local landscape, offering hi-tech solutions in an age of the fax and the pager! That same year, SKNVibes was born. It was the first mover in the local tech space, before the Internet was widely accessible, before mobile phones were in everybody's hands, and long before other companies began experimenting with online services. Stachio and his team had vision. They used innovation and technology to revolutionise news, entertainment, communications and services in the Federation!

Mr. Williams' teenage hustle matured into an adult enterprise with sharp business acumen, and with a keen intention to give back to his community. After a stint in Silicon Valley, California, Stachio returned to the Federation to set up Cave Dev Solutions where he trained interns from the CFB College in programming, web services and developing mobile apps. His involvement in and support of community development in Sandy Point is undeniable with SKNVibes becoming a household name, not only in online news, but also in sponsoring grassroots events.

On the most recent front of Stachio's work is Open Interactive, a disruptive media and marketing firm set to transform the region with smart solutions in the same way that SKNVibes transformed media in St. Kitts and Nevis. In its first year, it has already developed an impressive portfolio of public-private partnerships, primarily with the Government of St. Kitts and Nevis. Stachio's entrepreneurial drive will not permit him to stop or settle.

His life, his triumphs, his pitfalls, his enduring successes are all evidence that scholastic perseverance harvests success—a mantra Stachio inherited from SPHS/CEMSS.



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Distinguished Alumna and Leadership Award

Desiree Gumbs



Stacy Desiree Gumbs, commonly known as Desiree in her hometown, can best be described as an educated, hard-working, trustworthy and loyal individual, dedicated to development of self and others, and committed to her Lord and Saviour, Jesus Christ.

Desiree received her primary and secondary education in her home town of Sandy Point. As a student at the Sandy Point High School (SPHS), she excelled in many areas and developed an appetite for learning, sharing of knowledge and general helpfulness.

After completing Sixth (6th) Form, Desiree began teaching at SPHS, where she delivered lessons in Caribbean History, English Language and Literature. She also helped students to deal with personal and interpersonal challenges.

In 1996, Desiree attended the Teacher Education Division of the Clarence Fitzroy Bryant College (CFBC), where she obtained the University of the West Indies (Barbados) Certificate in Teacher Education with emphasis in Secondary Education. Following this, she returned to her alma mater and spent an additional five (5) years creatively teaching her students. She also trained members of the Literary and Debating Society and led them to national victories. SPHS recognised Desiree for her “unswerving integrity, dedication and yeoman service in education” at its 36th Annual Speech Day.

Desiree then enrolled at the University of the West Indies (St. Augustine, Trinidad) to further her education. As an undergraduate student, she continued her drive for excellence, graduating among the top of her class in 2006. At that time, she received a First Class Honours Bachelor of Science Degree in Psychology, with minors in Human Resource Management, and Gender Studies. She also picked up the UWI (St. Augustine) Faculty of Social Sciences Award for Best Student in Business Law in 2005 and the UWI (St. Augustine) Faculty of Social Sciences Award for First Class Honours in 2006.

After UWI, Ms. Gumbs returned home and was employed as Psychology Lecturer & Teaching Practice Coordinator at the CFBC until 2011. During that period, she gave lectures to trainees in the Teacher Education and Health Sciences Divisions of the College. She also served as an external examiner in Educational Psychology for the UWI/Joint Board of Teacher Education of the Eastern Caribbean and Barbados (JBTE). By 2011, however, this young, education enthusiast felt the need to improve, and to better focus her contribution to people-development and nation-building. She actively and successfully pursued the Fulbright Scholarship which enabled her to travel to New York to attend Columbia University. There, enrolled at the Teachers College, she read for the Master of Arts Degree in Social-Organizational Psychology, which she was awarded in 2013. She focused on Conflict Resolution and Meditation and also received a Certificate in this area from the Morton

Deutsch International Center for Cooperation and Conflict Resolution, Teachers College, Columbia University.

Returning to St. Kitts, Ms. Gumbs continued at the CFBC, where she was promoted to Senior Lecturer. Her role as educator expanded to include providing conflict resolution, counselling and mediation services to students and mentoring of teacher trainees. In 2015, Ms. Gumbs was called to higher service. She is now Personnel Officer in the Ministry of Education, Government of St. Kitts and Nevis.

In the years that have spanned Ms. Gumbs’ career, she has served in a number of important capacities. These include: *Secretary for the Association of Educational Psychology lecturers for UWI/JBTE Associate Degree Programme; Volunteer, United Nations Malala Day Youth Assembly, United Nations Headquarters, New York (July, 2013); and Mentor, Organization and Human Development Consulting Club (OHDCC) Mentorship Programme at Teachers College, Columbia University, New York (September, 2012- May, 2013).*

Beyond her academic achievements, Desiree has demonstrated her loyalty and dedication to her home town by serving in several areas of community development. These include involvement with the Sandy Point Benevolent Society (SPBS), where she has been a writer and editor of the SPBS press releases, its magazine, and other communications. She has also served the organisation as a liaison officer, and single-handedly conceptualised, inaugurated and continues to coordinate the SPBS Mentorship Programme for Principal Awards Recipients at the SPHS. While in New York pursuing her graduate studies, Desiree still regularly found the time to assist SPBS with the preparation for, and delivery of, its annual Banquet and Easter Breakfast.

Other community involvements over the years have included membership in the St. Christopher Heritage Society/St. Christopher National Trust, Co-ordinator of the Sandy Point Public Library Summer Camp, Volunteer Research Assistant with Elmes Communications, and she currently serves as Secretary of the Sandy Point Cricket Association.

Ms. Gumbs is the product of strong family values tied to a personal Christian commitment which have significantly impacted her life, shaping and moulding her into the caring, trustworthy, intelligent and responsible individual that she is today. She serves her church (Sacred Heart Catholic Church, Sandy Point) in several capacities, including Sunday School Teacher & Co-ordinator, Founder and member of the Prayer Group, and member of several important church committees. Her commitment allows her to practice her faith daily, not only among fellow-parishioners, but also in the wider community, where she selflessly helps and shares. Earlier on, she was a vibrant member of the Ecumenical Youth Leaders group within the St. Kitts Christian Council, and more recently, has functioned as Secretary of the Sandy Point Community Churches group.

Through all of her life experiences and impressive achievements, Stacy Desiree Gumbs has remained humble and well-mannered, with a desire to see others succeed. She is undoubtedly a great role model and ambassador for Sandy Point, and for the nation.

oti

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Distinguished Community Service Award

Austin Duncan



Austin Alphonso Duncan, also known as Austin Natta and Austin Warner, is truly deserving to be a recipient of the SPBS Distinguished Community Service Award..

Austin made his mark on the community by serving his church as a volunteer. Within the Sandy Point Methodist Church now Immanuel Methodist, Austin held numerous positions. He served faithfully as the Church School Secretary/Treasurer for several years. Austin grew in the post of Church Sexton, ringing the bells to alert the community that church is about to start, tolling the bell at funerals, and peeling the bells at

weddings. Among his duties as Sexton, he maintained the church lawn, and once worked a vegetable garden on the land surrounding the Manse.

It was through the Boys Brigade (BB) that Austin made his greatest impact on the community. Austin grew up in the Boys Brigade from being a Life Boy, to captain of the 2nd St. Kitts Boys Brigade Company attached to the Immanuel Methodist Church. As a teenager, he made it to every BB camp no matter where it was held

and willingly participated in community service (the painting of a school in each island). This has significantly contributed to him having a successful painting business today. A number of upstanding men in the Sandy Point Community give credit to Austin for the discipline he instilled in them during their time in the BB. Persons like Junie Hodge (current Superintendent of Prisons), Fitzroy Wilkins, Louis Hendrickson and many others bear testament to the faithfulness, commitment and dedication of Austin as leader, mentor, and community worker.

Austin's influence went beyond his home town of Sandy Point. He served the Boys Brigade Island Council as its extension officer, a position which took his work to all of the BB companies in St. Kitts. On the national front, Austin put his skillful drill techniques on display at most ceremonial parades – pre and post-independence. If there was ever any occasion when there was only one BB Company on parade, it would be the 2nd St. Kitts under the direction of Austin Duncan.

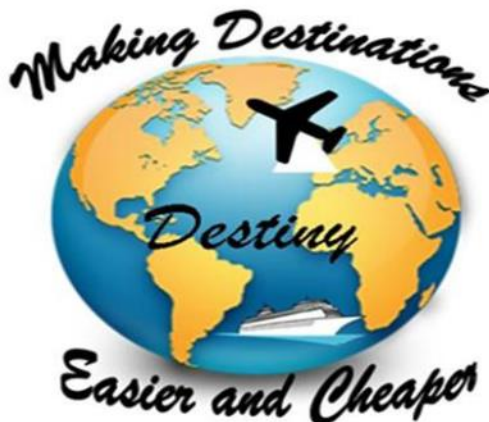
Mr. Vincent Hodge, former Principal of the Charles E. Mills Secondary School (formerly the Sandy Point High School), remembered Austin as the man behind the BBQ grill at every sports day working for his alma mater. He recalls Austin painting the auditorium in preparation for the annual speech day at no cost to the school.

Austin has given of his service freely without looking for any reward. No task was or is too menial, too 'dirty' for Austin to do. He remains a simple, unsophisticated, hardworking entrepreneur. He provides some of the finest BBQ chicken and pork on the weekends to the public for sale and is a great entertainer to his many Patrons.

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Distinguished Alumna & Educator Award

Carline A. Edwards

Religious Minister, Teacher, Educator, Musician, Composer are some of the



key words that summarise the persona of **Carline A. Edwards**. Parented by Nellie Agatha Hutchinson and Herman Crawford, Carline was born and raised in Sandy Point, the town where she has lived all of her life. She was educated at the Sandy Point Infant, Junior and High School.

Mrs Edwards' career in teaching started in September 1978 immediately after graduating from the Sandy Point High School; she was subsequently appointed as an Untrained Teacher one year later. By 1980 she had enrolled at the St. Kitts-Nevis Teachers' College where she undertook two years of professional Teacher Training. She was adamant when she asserted *"From a child I was drawn to teachers and I did not want to do anything else but teach"*

During her early years of teaching, she taught a variety of subjects including English Language, Literature, Agricultural Science, Integrated Science, Mathematics and French. To further demonstrate her versatility, she soon became the School Librarian and later added Music - her greatest love - to her repertoire of subject areas.

Music is undeniably her passion! As an aspiring youth, she took it upon herself to take piano lessons with Mrs Brown of Lamberts, as well as voice training with Mrs Ian Hodge. She repeatedly seized the opportunity to be an active participant in each and every available course in music and in the tuning of steel pans. She practically taught herself to play the saxophone, having received very little assistance from the professionals. She fondly recalls being driven to the South East peninsular by her husband so that she could practice playing the sax, without worrying about disturbing anyone. She also taught herself to play the guitar, and stretched her budget in order to buy a second-hand guitar with her limited cash.

Mrs Edwards' love for music and singing propelled her into forming a School Choir at her Alma Mater in the early 90's. She was one of the happiest and proudest choir Directors ever! She recalls enrolling members who never left the Choir at any time during their career at SPHS! She remembers enrolling entire classes in one particular year, and even getting students who were very much off-key to get the right key. These she said are "very fond and pleasant memories and some very wonderful experiences"

As the Maestro in Charge, she boasted a 120-member strong choir, which on occasions performed at many important and formal functions, including Independence celebrations, at Christmas, and at Government House. A major highlight of her choir directing was the 'Semi-annual Sandy Point High School Choir in Concert' - a concert she speaks very fondly of, because it was during those times that students really mastered difficult

songs such as the Hallelujah Chorus.

Enthusiasts from all walks of life came specially to hear the SPHS Choir in concert, including Tabia Powell, Jaslyn Taylor and Clayton Douglas. Mr. William Hodge, the then Principal, gave strong support to the choir by instilling very strict rules pertaining to regularity and punctuality to this Famous Ensemble.

One of the major highlights of Mrs Edwards' teaching career was earning a Bachelor of Music degree from Cameron University in Lawton, Oklahoma, where she studied Vocal Music Education from August 2000 to December 2003. Upon her return to the Sandy Point High School, she made history by successfully lobbying for the inclusion of Music in the school's curriculum at the start of the 2004 academic year. She considers this a major achievement in her career, since it afforded her the privilege of teaching the CXC program in Music - a first in the Federation of St. Kitts-Nevis. As a direct result of Mrs Edwards' pioneering efforts, Music is now taught to all students in the lower classes of the SPHS/CEMSS, and remains as optional for the senior students who choose to pursue it at CXC General Level.

Due to her musical foresight, thousands of students have been exposed to this Art form in the areas of appraising, performance, composition, piano, guitar, steel pan, trumpet, trombone and voice training. She surely is a visionary Music Maestro.

Kudos to Mrs Carline Edwards! This musical prodigy is the gifted composer of our present school song.

Mrs Edwards retired from the teaching profession on the 2nd of May 2016 but her heart and soul is still tied to Music and its growth at the SPHS/CEMSS. Her fervent desire is to see more students taking Music, and her ultimate dream is for the school to obtain a fully developed Music Lab, complete with music-writing software, more keyboards, guitars, and many other instruments. She would also like the Music Department to have its very own recording studio housed at the school and she is aching for the day when the school has its own marching band. She would also like the Ministry of Education to consider offering Music at the CAPE level, thereby allowing students to go further than CSEC level with this prized subject, and help them to develop a deeper appreciation for Music. She would like to see music being generally elevated in St Kitts-Nevis, having had students from across the Federation, including Nevisians, under her tutelage.

One of her personal dreams is to have a Music store which would offer a variety of musical paraphernalia. She thinks that this would arouse greater interest in music, especially for the young people.

Mrs Edwards was married to Pastor Stanley Edwards (a Past Principal of the Sandy Point High School) from 1988 until his passing in 2014. She is also a Pastor, and is often referred to as Minister Carline - she is undeniably a devout Christian. Her marriage to Pastor Edwards produced two handsome sons, both of whom are currently residing in Canada.



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Distinguished Community Service Award

Angeline Revan



Miss Angeline Revan, affectionately known as Teacher Ann, was educated at the Sandy Point Girls School where she achieved three (3) Standard Seven Certificates. On leaving school she was employed as a pupil teacher at the then Old Road Government School for 2 years.

Miss Revan later taught at the Sandy Point Girls School and then at the Sandy Point Junior School from which she was given the opportunity to further her career by attending the Leeward Island Teachers Training College, at Golden Grove Antigua for one year.

On completion of her college education she attained a General Diploma. She subsequently took up duties at the Sandy Point Senior School where she was appointed as an "Assistant Teacher". Miss Revan remained at that school until the inception of the Sandy Point High School where several teachers were transferred. Her initial assignment was to teach "Handiwork, Literature, and English Language" in the Fourth and Fifth forms.

She was appointed as the first Guidance Counselor of the Sandy Point High School. This afforded her the opportunity to communicate with parents and guardians of the students in the wide community.

When "Evening Institute Classes" were introduced in St. Kitts, she was employed by the Clarence Fitzroy Bryant College (CFB), in the Division of Adult and Continuing Education as a lecturer of English language. Such classes catered to teachers, students and other interested persons wishing to write GCE exams with the London or Cambridge examination body. Her vast experience contributed to her being supervisor of the CXC examination at the Sandy Point High School for many years.

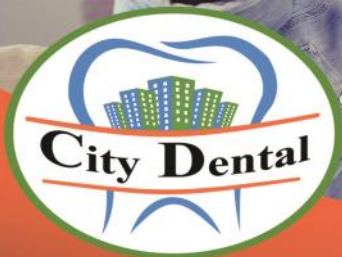
As a teacher in the field of Education, Miss Revan has had no regrets as she is constantly made to feel proud by her many students who have achieved much and hold key positions in society.

Today Miss Revan is Patron for the Girls' Association.

#BrightestSelfies

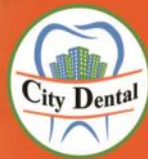
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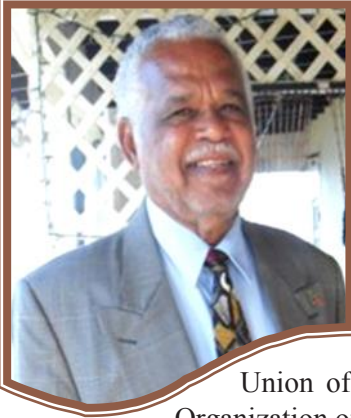
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Distinguished Leadership & Community Service Award

Calvin Farier



Mr. Calvin Farier started his teaching career in 1955 as a 15-year old at the Sandy Point Boys/ Senior School under the leadership of Mr. Analdo Richards.

He later was successful at the Annual Pupil Teachers' exams and London 'O' and 'A' level exams. Mr. Farier was instrumental in gaining the support of the Authorities to allow non-Secondary students to register and write the Cambridge 'O' level exams. He taught these students under the leadership of headmaster Edward Griffin.

He also played a major role in convincing the authorities that the cane field known as "hallaire" (that was at the back of the Catholic Church and adjacent to the recreation ground) was suitable for the construction of the Sandy Point High School. He subsequently taught at the same school before travelling to Mona, Jamaica in 1967 to pursue a Bachelor's Degree in Economics.

In 1970 he returned home and was placed at the Basseterre Junior High School where he was soon elected as the President of the Teachers Association. During his tenure as President, the Teachers association became an integral part of the Civil Service Association, and hosted the first Caribbean Union of Teachers Meeting in St. Kitts. The group thus gained membership of the World Conference of Organization of the Teaching Profession (WCOTP) enabling his attendance to their first conference in Jamaica.

Mr. Farier was seconded to the Convent High School as Principal and was responsible for the introduction of commercial subjects and a number of sports.

He was later brought back to head the Basseterre Junior High School and had the task of merging the two sections – East Park Range and Burdon Street together in one location that is now called the "Washington Archibald High School". He later played a prominent role in promoting the concept of "Comprehensive Education".

In 1980, Mr. Farier was appointed as Permanent Secretary in the Ministry of Education and had the opportunity to be actively involved in several projects including construction of St. Paul's Primary School, Rehabilitation of the Newton Ground Primary School, the establishment of the tertiary College of Further Education, now the CFB College, as well as the Self and School meals programs.

Under his leadership, a community group known as the "Sandy Point Community Self Help Group" organized Evening Classes to help school drop-outs and they were successful in getting quite a few young persons placed in fairly good jobs.

Between the years 1980-1995, Mr. Farier distinguished himself as Permanent Secretary to the Premier / Prime Minister, Permanent Secretary Home and Foreign Affairs and Cabinet Secretary. During this time, he also took the initiative to contact the owners and began negotiation for the lands to construct the Sandy Point Primary School and Day Care center.

A noble and fearless Sandy Pointer.

Sandy Pointers are famous for giving each other nicknames

P.L.A.R.T Flour
Senda Monkey Grip
Turkey-bine-no
Men Rod
Turkey DE Gun
Monkey eye
Flock a Dog
Yarney
Spanner man
Loaf
Lef Foot

Gargoyle
Mosquito Champion
John Massey
Evercat
BobbyUs
Cucu Dog
Bullman
May May Foe
One Eye Lampee
Melle Putty
Bernancy Barnso (born so)
Puc ka Look

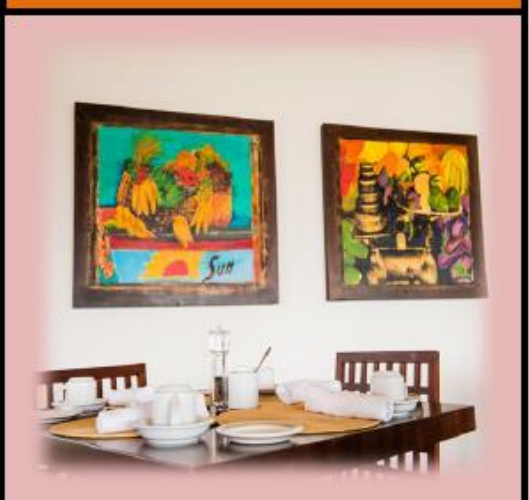
Gran Chin
Horse
Snappy
Alan Guang
Zuung Zuung
Flour Pop
Edna de Robe
Heavy Head
Bubby tone
Magwa
Disco
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Blab Bla
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2016 PRINCIPAL'S AWARD WINNERS



Devondre Edmeade

St. Paul's Primary School

Devondre was born on 31 July, 2004 to parents Michelle Connor and Devon Edmeade of St. Paul's. Devondre's schooling began at the Half Way Tree Pre-school before moving on to the St. Paul's Primary School where he spent seven productive years.

Winning the coveted title of valedictorian of the class of 2016 was no surprise since Devondre easily outperformed his peers from Kindergarten through Grade 6. Although Devondre is a very well-rounded student, he is infatuated with Mathematics and Science.

Devondre balances his academics and sports quite well. He has represented his school in Spelling Bees,

Reading Competitions and various Quizzes, which is quite unusual for a boy these days. He loves football and cricket and was nominated as primary school cricketer of the year. He was also chosen to conduct interviews with Jace Taylor, his favourite national cricketer, and with Carlos Braithwaite, a Barbadian, West Indian and St. Kitts Patriots cricketer.

Devondre has commenced his secondary education at the Charles E. Mills Secondary School in the town of Sandy Point. His dream is to become a medical doctor and he is fully confident that his passion for learning, coupled with hard work and a strong determination will set the foundation on which he will achieve his career goals.

Focused, discipline and intelligent are just a few words which aptly describes Ju'yvonna Jeffrey. For someone so young, it is amazing to observe how organized and diligent she is - the mark of a highly successful person in the making.

Her goal on entering grade 6 at the Sandy Point Primary School was to maintain an 80% average. Not only did she achieve her goal, but she surpassed it. Each term she was able to capture the High Honor Award for maintaining an average of 80% or more. Not once did she let her marks slide, as she had a goal in mind - to become Valedictorian in grand style.

Ju'yvonna is not only intelligent, but she is also athletic. She captured several medals during the school sports day, including the silver medal for high jump. She was also the captain of the school's netball team which defeated several schools and advanced to the semi finals.

Ju'yvonna's sixth grade teacher said it best: "In light of all this success, Ju'yvonna's humility is like no student I've ever taught. She is also kind and helpful as she willingly and diligently led her study group as they prepared for tests."

Hats off to this petite, star student! She has done exceptionally well on all fronts and deserves all the accolades given to her.



Ju'yvonna Jeffrey

Sandy Point Primary School



Zonya Williams

Newton Ground Primary School

Zonya Kenecia Tyhecia Williams was born in April 2004. Her academic career at the Newton Ground Primary School spanned the period September 2009 to July 2016. Her positive attitude and enthusiasm were constantly on display in her academic career and extra-curricular activities.

Her desire to succeed was demonstrated in her achieving first place in class from Grade One to Grade Six. Her love and compassion for her work and classmates were also evident as she would assist others with their work upon completing hers.

A very composed young lady, Zonya, represented Newton Ground

Primary School in several competitions both zonally and nationally. At Fourth Grade she won the Western Zone Reading Competition and went on to place fifth nationally. At Grade Five, she placed fifth in the National Spelling Bee.

Zonya is also athletically blessed and has been involved

in different sporting disciplines throughout her school career. An ardent Red Houser, she gave points at every opportunity and was quite successful on Sports Days, winning several events. To this end she was named Victrix Lodorum in Grade Four. She has represented the school in several Ram's Milo Meets and earned a bronze medal in long jump at the 2016 event. She represented the school in netball, volleyball, and football as well. 2016 saw her being recognized as one of three Sports Women of the Year by the school.

A friendly sight to students at all grade levels, Zonya enjoys spending time with her friends, going to the beach, playing games on her tablet and singing. She loves to eat anything that she can make with a little assistance.

Zonya already has her sights set on her professional future. Though not certain of her aspirations, she is determined that there are only two choices for her at this time. She intends to either follow her various family members and friends into the illustrious world of teaching, or she shall venture boldly and bravely into the world of medicine with the aim of becoming a paediatrician.

Regardless of Zonya's choice, we can all be assured that she will embrace her new adventures with the same zeal, zest and determination as she has done thus far.

Every success in your future endeavours!

Crios R. Freeman



Crios R. Freeman is the first of his mother's seven children. He is a graduate of the St. Paul's Primary School, the Sandy Point High School (SPHS), now known as the Charles E. Mills Secondary School (CEMSS), and the Clarence Fitzroy Bryant College. Mr. Freeman was a well-rounded student at the SPHS where he was twice named scholar-athlete of the year, captained the football team for two years, and was the bearer of the school flag at two Interschool Championships. He also served as Head Prefect and President of the Debating Society at

SPHS.

Mr. Freeman has always been a diligent, goal-oriented student with remarkable focus and ambition. Since his graduation from the Sandy Point High School, he has held the post of President of the St. Kitts National Youth Parliament

Association (2002/2003), and he was elected Prime Minister at the Millennium Youth Parliament held in Manchester, England in 2000. He also participated in the Commonwealth Youth Summit in Sunderland, England in 2002, and in the United Nations Youth Summit in 2006. He is particularly proud of his service to his country as an appointed Civil Servant in the Ministry of the Office of the Prime Minister for the last fourteen years.

Mr. Freeman is now the holder of two undergraduate degrees from the University of the West Indies, Cave Hill Campus: A Bachelor of Science in Economics (Special) obtained in 2009 and a Bachelor of Laws (Hons) obtained in 2015. He is currently in his final year of study at the Norman Manley Law School in Jamaica where he is pursuing a Certificate in Legal Education.

Mr Freeman is very proud and grateful for the grounding he received at the Sandy Point High School under the tutelage of then Principal Vincent Hodge, which he says contributed immensely to the man he has become. He is eager to complete his studies and is adamant about returning home to contribute to the development of all the communities served by CEMSS, and to his country on a whole.

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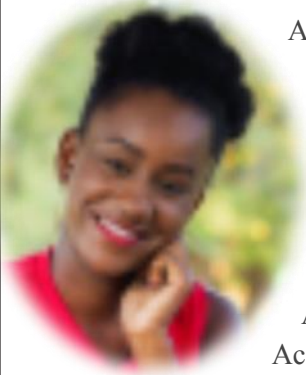
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Rae-Dawn Richardson



Rae-Dawn Richardson, a highly ambitious young lady, was born to Phillisann Richardson and

Austin Wilkin in January 1994. She is a proud Sandy Pointer who holds a deep appreciation for her community. With a keen interest in the business field, specifically Accounting, Rae-Dawn is currently pursuing a Bachelor's Degree in Business Administration with a major in Accounting and a minor in Psychology, at the prestigious, academic institution of the University of the Virgin Islands.

The highly capable and industrious Ms. Richardson has achieved much throughout her academic journey thus far and as a result, is a two-time Dean's List certificate recipient of the UVI. This is a reflection of the hard work and perseverance she has exhibited in the pursuit of her degree. Rae-Dawn dreams not only of attaining a Bachelor's Degree in Accounting, but also of obtaining Certified Public Accountant (CPA) and Certified Managerial Accountant (CMA) certificates. She also hopes and dreams of one day starting her very own Accounting firm.

Rae-Dawn was once the Assistant Treasurer and Assistant Secretary of the St. Kitts-Nevis Agricultural Youth Forum. Through this esteemed association, she was able to help build and mold the lives of some younger individuals within the group. It is also known that she has vast interest in the agricultural sector.

The very amicable Ms. Richardson has taken the initiative of being a part of various on-campus clubs and associations at the UVI. She is the Treasurer of multiple associations, including the Alpha Mu Gamma Language Club, National Association of Black Accountants (NABA) and National Association of State Boards of Accountancy (NASBA) Club, and is also the Assistant Treasurer of the Psychology Student Association Club.

Rae-Dawn is an ambitious, diligent, respectable and honest individual who pushes herself to the best of her abilities in achieving her goals.

Xavier Brown



Xavier Brown is a proud and ambitious young Sandy Pointer in the twin island federation of St. Kitts & Nevis. He was born to Lennox and Melinda Brown; both native Sandy Pointers. From a very tender age, Xavier aspired to excellence which explains his relentless desire to become a doctor. He graduated from the Sandy Point Primary School in 2004 as Best Boy, and then was a top 5 graduate from the Sandy Point High School in 2009 with

astounding grades in 11 subjects, mostly in the sciences. He then attended the Clarence Fitzroy Bryant College, graduating in 2011 with an Associate degree in Environmental Science. With this solid foundation in the sciences, Xavier then took another step towards realizing his dreams when he traveled to Cuba in 2011 to pursue medical studies on a full academic scholarship awarded by the Government of St. Kitts & Nevis. He is currently still studying abroad, having recently completed his 5th year.

Xavier is not only talented in the academic field but also in other areas such as art. He has produced astonishing and truly creative pieces throughout his years in high school, college and medical school. One astounding masterpiece that really stood out was the Caribbean mural that he designed and painted while at the Latin-American Medical School in Cuba; a piece which depicted the unity and strength that exists between the Caribbean students studying at the school. Xavier has also exhibited a talent for sports, having played cricket for the Sandy Point Primary School, and then later on for the Sandy Point cricket team. He also played football for the Sandy Point Football team.

There are very few who possess as much pride for their community as Xavier does, which moved him to get actively involved in community groups such as the Sandy Point Scouts group during his early childhood and then later on the Anglican Young People's Association, a group with which he is still involved.

The Caribbean Mural in the Latin-American School of Medicine in Cuba designed and painted by Xavier Brown in 2014.

Shanica Mills



Here, Shanica reflects on her educational and professional journey:

“This reflection comes after completing my freshman year at Monroe College. It was a particularly good year for me, having made the Honour Roll in my first semester (Fall 2015), and winning the SPBS Undergraduate Scholarship Award during my second semester. My confidence to succeed is at an all-time high.

Upon graduating from the Charles E. Mills Secondary School in 2015, I had a desire to get into the business field. My passion for business intensified when I chose business studies as part of my A-level education at the C. Fitzroy Bryant College, where I completed an Associate Degree in Office Administration and Management, graduating with Cum Laude Honours and a Grade Point Average of 3.01. I subsequently developed a desire to further my education by pur-

suating a Bachelor's Degree in Business Management. I am now well on my way to making that dream a reality. I am proud of what I have accomplished thus far in my life, and I see this as a stepping stone towards a successful future in the business world.

I believe the opportunity to earn my degree at Monroe College will prepare me for management positions in business by providing the necessary concepts, theories and real-world practical experiences that I will need to be successful. Firstly, I will gain in depth knowledge and a better understanding of the five major functions of management, which include planning, organizing, directing, controlling and coordination. Secondly, I will acquire the business intelligence to be able to successfully forecast long-range sales and profit and develop a competitive advantage.

As I set out on this college journey, I have been able to meet new friends and learn of other cultures. It is especially rewarding and enjoyable to share the rich culture of my uniquely historical country. As I embark on my studies, I intend to challenge myself and to expand my skillset by pursuing a broad Business curriculum at Monroe College. I am confident that the knowledge and skills gained from this programme will prepare me to make significant contributions to the development of management in St. Kitts and Nevis.”



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Dottisha Taylor

Alrick Warner Science and Math Award



Dottisha Taylor is a profound Christian. On 1st November 2014, at the tender age of 15, Dottisha made the decision to make Jesus the Lord of her life. Since that time, Dottisha has been a positive example to her peers and community. She was a long-standing member of the Girls Brigade and is a member of the St. Kitts International Church of Christ.

Dottisha is also actively involved in her church youth group. She enjoys organizing fund raisers for her youth group to travel to camps in different Caribbean countries every year. Dottisha lives by the personal motto, "I can do all things through Christ who strengthens me." She trusts in God to give her the strength to succeed in all areas of her life. Her faith in God has definitely propelled her to be positively different in a world full of negativity.

A very focused Christian, Dottisha is also a diligent and keen student. She graduated from the Newton Ground Primary as the salutatorian and with hard work, she maintained excellent grades throughout her high school career. Dottisha was enrolled at the Charles E Mills Secondary School and has been one of the top students in all her classes. She competed in the Sir Eli Desmond debate competition in 2011 and was a member of the Charles E. Mills Secondary School (CEMSS) team for the SCASPA best in class competition in 2014, where her school placed second. She was also a part of the school's Interschool team for four years. She is now enrolled at the Clarence Fitzroy Bryant College, having passed all 11 CXC subjects (with 7 ones) that she took while at CEMSS. Dottisha is committed to furthering her education abroad and pursuing a career in medical sciences.

Pearline Warner Memorial Award

Karina Dore

Dottisha wishes to thank Mr. Alrick Warner for offering this scholarship through the Sandy Point Benevolent Society.

"Whatever you decide to do, make sure it makes you happy."

On August 30, 1999, I was brought into this world. My name is Karina Carencia Dore, and from my earliest recollections of my childhood, I have always been happy and a tad shy. I knew what I wanted and did it with love and determination. As I grew older, I developed love for many things and I was always willing to participate in anything once asked or part-take voluntarily. During

my primary school years, I was a member of the Sandy Point Primary Netball Team, which of course, won tournaments with ease. Although it was difficult and strenuous, the hard work paid off in the end.

Growing up, I was fascinated by movie stars Angelina Jolie and Emma Stone, and developed a passion for dramatizing and acting. Hence, at first I wanted to be an actress. However, as I got older, that dream quickly died and I was uncertain as to what I wanted to be in life. I narrowed all my options and developed a thirst for business. I hope that by majoring in the business field I will be able to pursue the field of marketing and travel and see parts of the world I have never seen before.

When I began high school, I knew that it was not going to be easy, but with self-confidence and motivation from my peers, teachers and parents, I knew I would succeed. However, I experienced a very difficult and heart wrenching situation in late December, 2015. My father passed away. At that stage, I didn't know what to do - how was I supposed to make it through fifth form without my "right-hand"? What was I supposed to do and, more importantly how was I supposed to live when he was not there? He was my number one supporter. He was my everything. Any problem I had, I would always go to him. However, I remembered his words of encouragement and I knew how happy he would have been if I did well in my CXC-CSEC Examinations. So I became determined to be successful and make my father proud. I am happy to say that I passed all my subjects, which I know would have made him burst with pride.

During my high school years, I engaged in extracurricular activities such as dance and poetry recital. I developed my love for dance when I was twelve. That's when I decided to join the Charles E. Mills Secondary School Cheerleading Squad where we took-part in the TDC Inter-School Cheerleading Competition and placed 3rd. I also danced for our school sports. Those were some of my best experience ever. Not only do I love dance but I also have a passion for poetry. I performed at a recital with fellow students for the 2015 Speech Day. We received such rave reviews that we were invited to perform at Remarkable Teens presentation, a book signing and a thanksgiving ceremony. To this day, I still read poetry. My other hobbies include cooking, star-gazing, acting, and reading.

When I finished high school with 11 subject passes with 5 ones, I was off to CFBC where I joined the dance ensemble, the science club and the sports club. I was recently introduced to a new sport, handball, and was given the opportunity to travel to Guadeloupe in October to represent my country and play a friendly tournament between French and English-speaking countries. In the tournament, we placed 5th and made history of being the first ever, St. Kitts & Nevis handball team. That experience was amazing as I experienced a captivating culture, and gained new friendships.

As I make this journey through life, though I'm still trying to find my way in this world, I am content that I'm going to be successful and happy as I am inspired by this quote, "Whatever you decide to do, make sure it makes you happy."

Thanks to all members of SPBS. I will definitely make you proud also.

Khale Thomas

Pearline Warner Memorial Award



Young, intelligent, ambitious, hard-working and eloquent aptly describe the demeanour of this awardee of the Warner Scholarship for Educational Excellence (WSEE). Humility has been the theme of his life after being raised in a family of seven. Seventeen-year-old Khale Thomas is a first year student at the Clarence Fitzroy Bryant College (CFBC) where he is currently undertaking a Natural Science Associates Degree at the Caribbean Advanced Proficiency Examination (CAPE) level. Prior to arriving at CFBC, Khale studied at the Verchilds High School from where he graduated with fifteen (15) Caribbean Secondary Education Certificate (CSEC) subjects in 2016, obtaining ten grade ones and five grade twos.

The Clarence Fitzroy Bryant College has created a won-

derful opportunity to advance the educational career for both local and international students, an opportunity for which Khale is profoundly grateful, and which has grabbed with both hands. Upon graduating from CFBC with his Associates degree, Khale intends to pursue baccalaureate and Masters degrees and plans to ultimately to take up doctoral studies, with the help of Almighty God.

During his years at the Verchilds High School, Khale was a member of the school's debating team which he found to be very valuable as it allowed him to build her self-confidence as well as improve his oral skills. Additionally, Khale was a member of the student council, where he rose to become president of the student body, and he was also a member of the track and field team.

Khale Thomas' words best describe the importance to him of being the recipient of the WSEE scholarship when he said "Receiving this scholarship means so much to me because I had to overcome so many obstacles, and with hard work and dedication I have come very far in my educational life. Hard work should be rewarded, and thankfully in my case, it has been."

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Hip Hip Hooray! Hip Hip Hooray! Hip Hip Hooray!





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From Humble Beginnings to Master Teacher, Master Leader



From humble beginnings he came, overcoming every obstacle that life threw in his pathway to becoming the master teacher and exemplary leader that he is today. The pages of this commemorative magazine cannot contain his story – a story punctuated by poignant, piercing pain and the swelling hardships of rural life, but it's also the story of a community and national icon – the story of a remarkable man of remarkable talent.

William Vincent Austin Hodge was raised by a strict, God-fearing mother who imbued within him a love for God, a love for learning, and a strong sense of responsibility. Growing up in a home and community of industry, Vincent, as he is affectionately called, bore witness to, and experienced the daily struggles of the working class. The result was the development of critical consciousness, deep enough to ascribe to education, the role it plays in social and economic empowerment.

Hence, he defied all odds and made ample use of the opportunity afforded him at the **Sandy Point Infant, Sandy Point Junior and Sandy Point High Schools**. With a keen interest in all things education, he made teaching his number one career upon leaving school, and made sure to strengthen his capacity through formal training at local, regional and internationally acclaimed tertiary level institutions.

His career in education, then, spans many decades: first, as a classroom teacher at the Sandy Point Junior School (1974-1978) and the Verchilds All Age School (1978-1979); and then back to the Sandy Point Junior School in 1979. The Sandy Point Junior School was merged with the Sandy Point Infant School to become what is known today as the Sandy Point Primary School. There he worked, (also serving in the capacity of unpaid Deputy Head Teacher) until 1986, when he was transferred to the St. Paul's Primary as Head Teacher (1986-1989). On return from his studies abroad, with a First Class Honours Degree in Education, he was posted at his alma mater – the Sandy Point High School to serve as principal (1991-2000).

He holds the distinction of becoming the first past-student to serve as Principal at the school, now Charles E. Mills Secondary School. It was during this time that he earned the title of “Mr. Clark” – a local example of Joe Clark, the former principal of Eastside High School in Paterson, NJ, who was portrayed by Morgan Freeman in the movie “Lean on Me”. Mr. Hodge is credited with having made a stellar transformation of the school, placing it in an enviable position during his tenure of leadership. Now at the height of his career in public service, he currently serves as Permanent Secretary in the Ministry of Education in St. Kitts.

Today, the Sandy Point Benevolent Society salutes Mr. Hodge, our Vice President, for his selfless giving; diligence; high energy; astute planning and visionary leadership of a school whose pride is borne out in its motto: Scholastic Perseverance Harvests Success.

Youths Benefit from Sandy Point Benevolent Society's Gift



In May 2016, the Sandy Point Benevolent Society donated the sum of US\$900 to CaribbeanReads' Plant-a-Seed-to-Read project. The funds will cover about fifty percent of the cost of implementing the project in the Sandy Point Primary School. CaribbeanReads' Plant-a-Seed-to-Read project aims to promote literacy among primary-aged students by providing schools with Caribbean books and supporting curriculum to facilitate the books' integration into the school's curriculum. By providing the students with books that reflect their own society, the project will increase the students' love for reading, which is a crucial indicator of success in adulthood. **Photo-Cheque handover** – Vincent Hodge (SPBS), Carol Mitchell (CaribbeanReads), Kemoy Liburd Chow, Valda Morris, an excited reader.

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Youth on the Move: A Story of Grace, Power and Excellence

Her accomplishments in 2016 as a sophomore at St. Joseph's University are staggering.

She closed the regular season as the Atlantic 10 Conference Offensive Player of the Year. She led her team to the finals of the A-10 Soccer Championship for the very first time in school history. She finished 4th in the nation with 18 goals, shattering the single-season record of her college in the process. Her prodigious goal-scoring talents were recognized early on, having been accepted into an elite club team at age 13, a team which she eventually led to a National Cup by the time she turned 17. In high school, she was twice honoured as Athlete of the Year, having obliterated the single-season soccer record for goals (34), and setting school records in the 100m, 200m and 400m dashes, and the 4x400m relay. She ultimately amassed a record-setting total of 72 goals in her high school soccer career.

Who is this soccer dynamo?

Dakota Mills is the product of a strong village of patriots rooted firmly in their love for their homeland, who continue to embrace the myriad opportunities they have been fortunate to receive having migrated from St. Kitts and Nevis to America.

Her story is a gift of inspiration that ought not be bottled up but



shared with the world, with a view to ensure that every young student sees the product of hard work, determination and commitment that has propelled Dakota Mills to excellence.

Dakota will probably be the first to admit that her success is a



Her name is Dakota. **Dakota Mills.**

Dakota has made a name for herself in the soccer world. **In 2016, she earned the Offensive Player of the Year award for her conference**, and ended the year in the top 5 in scoring across all Division 1 female college soccer players.



She catapulted to success in her college career following a record setting 72 goals during her high school tenure. Dakota's calm spirit and "girl power" have made her a force to be reckoned with in college soccer.

mere reflection of the foundation provided for her by her humble, hardworking and loving parents, family and dear friends.

Charles and Idetha Mills are the epitome of parenting whose commitment to excellence has been inherited not only by their children, but by others with whom they work closely with.

In addition to the tireless work of Charlie and Idetha to ensure the success of their children, the Mills family also engage in the spirit of altruism as members of the Sandy Point Benevolent Society, (SPBS) an overseas-based not-for-profit organization of alumni of the former Sandy Point High School, now called the Charles E. Mills Secondary School. The work of the organization for over 15 years includes providing scholarships and other much needed supplies to the students of the school.

As this young gem continues to excel in soccer, academia, and her various life pursuits, we trust that the many attributes she possesses will help her to continue to exude the grace, power and excellence for which she has become known. Saint Joseph's University is a better college for finding "girl power" like Dakota Mills.



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The Devatrea Mike College Story... – SPBS Honours its Commitment.

When your word is your bond, you have to deliver on any commitment you make. This is undoubtedly a mark of an individual or organisation with integrity. This describes the Sandy Point Benevolent Society (SPBS) in so many respects, and in this instance, in its relationship with Devatrea Mike. Mr Vincent Hodge and later with support from Miss Desiree Gumbs representing the SPBS Devatrea provided the impetus for her enrolment with the Clarence Fitzroy Bryant College (CFBC).



Devatrea at CFBC

In August, 2014, Devatrea enrolled in the Division of Arts, Science, and General Studies at .C.F.B.C where she began her pursuit of the CXC Advanced Proficiency Education (CAPE) Associate Degree in Business Studies. SPBS began the funding of Devatrea's first semester at college from its own account, while attempts were made to get persons to contribute to this undertaking that was becoming known as the Devatrea Mike CFBC Scholarship. Two individuals in the persons of Ms Constance Mitcham (Lawyer) and Mr Robelta 'Tango' Glasgow (businessman) joined the SPBS and provided the financial support for Devatrea's stint at the CFBC.



Devatrea now had everything that was necessary for her academic pursuits for the two (2) years. SPBS covered her registration fee, examination fee, school uniforms, text and note books, stationery, as well as funds for transportation and lunch.

To successfully graduate on 22nd November, 2016, Devatrea completed two (2) years of the Micro and Macro Economics, and Business Management, while taking additional credits in Communication Studies, Caribbean Studies, Applied Mathematics and French. She describes her stint at CFBC as "an eye opening experience". She also shared that, *"despite my break [from school], I worked very hard because I always wanted to maintain high grades. I told myself I owed it not only to myself, but also to the members of the SPBS group that took a chance on me. So for me, failure and disappointment were never options for me"*.

Devatrea recounts that she has had invaluable learning experience while at CFBC. She attended different economic seminars, and was able to sit with Mr Chinzo when they were studying the International Monetary Fund (IMF). Another

signal experience for her was participating in the Student Council elections to select the Student Representative to sit on the CFBC. All of these experiences have better prepared her to assume her adult role in the world of work and to function as a responsible citizen.

While at CFBC, Devatrea served as a mentor in the SPBS mentorship programme for Principal Award recipients who are still at high school. She gave very useful insight to high schoolers who were in need of academic guidance. Initially she functioned as a mentor for one first-former and, having completed CFBC, she assumes responsibility for another mentee.



Devatrea after CFBC

Shortly after completing her studies at CFBC, Devatrea gained meaningful employment as an Assistant Broker at an insurance brokerage firm. Besides doing well in that job, she is transferring

many skills gained throughout her scholastic sojourn, and already strategizing for future academic pursuits. Devatrea hopes to complete her Bachelor's degree through distance education within the next five (5) years and to later undertake graduate studies in the area of Market Research. Ultimately, Devatrea wants to be a manager of a reputable firm or to manage her own business. Until then, she hopes to continue learning, aspiring and working hard every day.

The scholarship that Devatrea received, allowed her a first-hand encounter of what SPBS means when it says "we give back so others can move forward". Recently, she had the opportunity to meet and interact with Ms Constance Mitcham and Mr Robelta 'Tango' Glasgow, two of the primary contributors to the Devatrea Mike CFBC Scholarship. This cemented for her the legacy of civic responsibility and social consciousness her sponsors. Ms Mitcham reminded Devatrea that Sandy Pointers have always been very socially conscious and said *"we are always pleased when we help others to advance themselves and are pleased when they make the best use of the opportunity"*. Mr Glasgow expressed similar sentiments to Devatrea, sharing that he knew she was very capable and was glad to help another young Sandy Pointer to get advance academically. Both Ms Mitcham and Mr Glasgow urged Devatrea to go out and provide help to youths of the community so that they too could advance themselves positively in life.

SPBS continues to resound its gratitude to all who contributed to the Devatrea Mike CFBC Scholarship, especially Ms. Constance Mitcham and Mr. Roberto 'Tango' Glasgow. The group is also quite proud of Devatrea's attainment at CFBC, commends her on her graduation, and looks forward to her pursuing and achieving greater successes in life.

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The Origins of the Sandy Point High School

by Calvin Farier

There was an aboriginal legend that Brimstone Hill, the great "Gibraltar of the West Indies," suddenly appeared out of nowhere one morning, and the native chiefs and boys gathered their Sandy Point clans to determine the origins of this occurrence.

After many moons, it was concluded that the majestic hill was: (a) either spewed out by an eruption of Mount Misery and landed upside down at the spot between mountain and sea – hence, its shape; or, (b) formed following a cataclysmic fumerolic activity whereby the large egg-shaped structure was puffed out from the sea-side sulphur spring, bursting at the top and leaving its mainly limestone construction glistening from its sides.

The Aborigines delved further into the mysterious monster and realized that it was a gift from their Master Zemi who was providentially providing building materials to emancipate them from dwelling in caves, thatched tepees, and mud and daub bamboo houses.

Fast forward, the militaristic British conquerors and colonizers saw it as their God given gift to defeat the French, and in a friendly gesture, used black human machines to crane up the large canons and do the fantastic masonry works displayed there. This culminated in a literally impregnable fortress, which by 1790 was spewing gunpowder in and around the shores at what was called Charles Fort or Lazaretto Point.

Sandy Point quickly became a main town for the British, displacing Old Road, and who then hoodwinked the French into signing a peace treaty under a fig tree somewhere at Belle Tete Point. Later, Downing Street became the centre for the white British aristocracy.

Long after Emancipation and Apprenticeship, Sandy Point became an epicenter for education through the hard work of Head Teachers like John Edgar Hanley, Benjamin Nisbett,

Charles Mills, Victor Jones, Analdo Richards, Bertram Gilfillan, Annie Locker Allen, Martha Delaney and Ada Mae Edwards.

Not long after the 1950 Easter Monday trampling at Brimstone Hill, the educational and proud spirit of Sandy Point was aroused, particularly in the haunting political cry by Allan Somersall's slogan in 1952. His election banner declared, "**No houses, No schools, No pavilion, O Lord though.**"

Still, Sandy Point was producing perhaps the best brains on the island, if not the presidency and colony, and Sandy Pointers were occupying most of the high offices in the land, except in politics.

In 1954, Analdo Richards organized the Boys School and Girls School into a Co-ed Senior School. Then entered Edward Griffin!

In the early 1960's, in the old ramshackle wooden building at The Alley, Griffin and his staff, some of whom were grinding at Wosley Hall lessons to take 'O' and 'A' Level subjects, gathered elementary and senior school leavers. They pushed them through the fires of secondary education amid great odds and opposition and obtained refined and glowing results.

After years of denial that Sandy Point needed and deserved a High School, the flimsy excuse that there was no land to locate such an institution not only fell by the way side but it could not hold water. It apparently drowned in Alley Bay, Pump Bay and Fig Tree Bay.

For years, as a young political upstart, the "Thinking Sandy Pointer," had been pointing out a lot of land behind The Catholic Church. It was more-or-less a useless cane field and provision ground bounded by the sea and adjacent to the Recreation Ground. This land provided a ready-made play field.

Then in 1966, the Sandy Point High School, with Joseph Manchester as the Head, like Brimstone Hill, suddenly appeared at cane field Hallaire amid great rejoicing and overwhelming expectation – A Statehood Gift!

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Giving Back so Others Can Move Forward



“Life is a gift, and it offers us the privilege, opportunity, and responsibility to give something back by becoming more.”

– Anthony Robbins

My name is **Kimarah Isaac** and I am an Education Professional and the Special Project Coordinator to the Executive Vice President of Monroe College. I work with students and families, to ensure students have an easy transition to college life in the U.S. and, more

specifically, a positive learning experience. In cases where government scholarships are involved, I also work with their home country’s elected officials and government agencies.

When I enrolled at Monroe College in the spring of 2008, to study Hospitality Management, I learned I was a few weeks pregnant. Before I knew it, I was sitting in the office of the Director of International Admissions surrounded by several academics deans. They all advised me to return to my home country.

Fortunately, I was able to convince them that I had what it takes to raise a baby and complete my degree. Through my determination and hard work I earned the respect of my professors and the administration.

Today, I have gained the respect of so many that previously questioned my abilities. I have enrolled over thirty students from my home country to Monroe College to pursue various degrees.

We all can name organization or someone who shared their wisdom through some act of mentorship. None of us would be where we are today without the help of others. Can you imagine where you would be or what you would have achieved without the help of that person/ organization?

I know I can’t.

There were many times when I needed someone to confide in and I did not know how my bills would be paid. However, because of organizations such as the Sandy Point Benevolent Society that focusses on scholarships and student success, I was able to access mentors and apply for scholarships which changed my life.

When you interact with people, and you do things that make their life easier or help them solve problems they think are unsolvable, it brings genuine happiness. The feeling changes your perspective on what’s important in life. Helping others reaps a reward money can’t buy. The feeling is sort of addictive, so addictive that you want to do it over and over again.

Many times I’ve found myself in situations helping students with meals, housing and even transportation. The act of giving is now a part of my life. Some of my professional initiatives include but, are not limited to;

- ◆ Established the Monroe College Articulation Agreement.

This has led to more than 50 students benefiting from scholarships ranging from \$4,000 - \$10,000 USD annually.

- ◆ Organized Leadership Sessions

My initiative and competence have led to over 150 Top managers from TDC, Social Security, St. Kitts and Nevis government and the Nevis Island administration benefiting from Leadership presentations by Dr. Cecil Wright.

- ◆ Donated to the Verchilds High School

I have established an Annual Award to the ‘Most Improved English Student’ as well as replacing the color copier/printer for the school’s computer lab.

- ◆ Planned and executed a workshop for the Royal St. Christopher and Nevis Police Force on ‘Current Issues Within the Criminal Justice System’

It was a great experience and a very important moment last year, when two young ladies walked up to me and said I motivated them to strive for success; that’s when I knew I was doing something meaningful with my life.

When I look back on my life, I would want to say that it has truly been a golden trip. I will not live a day of my life without trying to change another’s life for the better and I encourage everyone I come in contact with to give, give, and give some more.

First Secretary of the SPHS

Mrs. Claire G.L. Warner was the first of twelve (12) children born to Wilfred and Elvira Constantia Warner in Sandy Point, St. Kitts. An altruist who not only acts for the good of others, but is focus-driven on the bigger picture.



In 1966, Claire left the employ of a Barrister-at-Law and Solicitor in Basseterre in order to serve as the first secretary at the Sandy Point High School, now the Charles E. Mills Secondary School. Claire, as she was affectionately called by all, served with distinction from

the opening of the doors in 1966 until she resigned in July 1971.

She was an integral part of the new staff of the SPHS and took on the challenge to serve her community in a more meaningful way.

During that period, Mrs. Warner provided more than secretarial support to the Principal and staff. She was sometimes seen in classrooms teaching first year students when staffing was limited. There are reports that she even did some unofficial work as a guidance counselor.

One student recalls that she was always enquiring of students as to their performance, comfort and challenges, and whenever possible advice and suggestions were provided thereby helping many students to eventually achieve their goals.

Kudos to Mrs. Claire Warner who did an excellent job as the first Secretary to a school that is now celebrating 50 years. Her contributions may not have been recorded but they were indeed quite remarkable and memorable.

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Passing the Torch in the Spirit of Giving Back

The members of the Sandy Point Benevolent Society (SPBS) continue to do more than just exist as a group of friends or Alumni group of the Sandy Point High School, now called Charles E. Mills Secondary School. Rather, they have committed themselves to passing the torch of generosity to the next generation and beyond by working tirelessly today to simply “give back.”

For the past seven years, the Sandy Point Benevolent Society has undertaken the challenge of offering academic scholarships that positively impact the lives of students in pursuit of academic and life success. Their history of changing lives is nothing shy of remarkable.

This year, SPBS hosted a Scholarship Gala in August in New York City, themed: “We give back so others can move forward.” The concept was steeped in the organization’s commitment to excellence and civic pride. The SPBS continues to raise the bar by leading the way in various initiatives, bringing people together, with a view to embolden, empower and enrich the lives of others, particularly young people.



The spotlight was brightly shone this year on **Dr. Hannah Guishard**. Once just a reserved, though inquisitive young lady, Dr. Guishard has risen to admirable heights as a Veterinarian. Today, she plays an integral role in service to others and under the umbrella of the Ridley Guishard Memorial Scholarship, which is administered by the SPBS, she offers two graduates of the SPHS/CEMSS a \$2,500 purse to assist in their academic pursuits at the baccalaureate level. Not long ago, she too was a youth on the move, struggling to make ends meet, awkwardly trying to find her way. But she beat the odds, and has excelled magnificently, having founded her very own Veterinary Clinic. So now she *gives back*, by engaging economically disadvantaged young people, and assisting them in their academic and career pursuits.



Sir Hugh and Lady Claudette Rawlins have also significantly raised the bar by their commitment to the academic success of young people. This year, as they have done for the previous 2 years, Sir Hugh and Lady Claudette offered a \$2,000 Graduate Scholarship to any graduate of the SPHS/CEMSS.

In the early 1970’s, Sir Hugh was regarded as a popular up-and-coming young teacher of History at the SPHS. It is there that he was inspired by the unwavering commitment to education of so

many students (and their parents). Sir Hugh then went on to study Law before returning to St. Kitts and Nevis to serve as a Magistrate and Solicitor-General. He would eventually attain enviable success as Chief Justice of the Eastern Caribbean Supreme Court. Judge Rawlins has an intimate connection with the symbolism of *giving back* and deems his involvement in passing the torch as continuity to the process of shaping the lives of young people.



Mr. Alrick Warner, Research Fellow (Technical Associate Director) at The Procter & Gamble Company, has also raised the bar in *giving back*. As a graduate of the SPHS who has reaped success in his personal and professional life, Mr. Warner established the Warner Scholarship for Educational Excellence Awards (WSEE) in partnership with SPBS. The beneficiaries of these scholarships will be students of the Charles E. Mills Secondary School (CEMSS) and the Verchilds High School. The scholarships are to be administered by SPBS. While these scholarships will go far in assisting students in need and rewarding them for their hard work, Mr. Warner’s altruistic gesture is evidence of the value of former students passing the torch, ensuring that the spirit of giving back is fostered in the community, throughout the nation and the world.

The Sandy Point Benevolent Society remains duly committed to its outreach efforts to alumni of the Sandy Point High School/Charles E. Mills Secondary School, and this was ably demonstrated yet again this year by the \$1,000 scholarship proffered by the organization for graduates of the school who are pursuing undergraduate studies and maintaining a 3.00 grade point average.



Given the value of young people who are constantly on the move seeking to find their place in this often perplexing world, we must applaud the work of individuals and organizations which recognize the value of young people. Many initiatives abound that render support to young people, but financial support and personal involvement with aspiring young people goes an extremely long way.

All donors to the SPBS Scholarship Awards have much to be thankful for in their respective life’s journey. Their generosity is the beginning of great possibilities for those upon whom their selflessness will be endowed. **Renowned author and Financial Advisor, Suze Orman defines true generosity as “an offering; giving freely; no strings attached.”**

Today, our donors stand proudly as torchbearers of hope and advocates for young people. These men and women are global citizens extraordinaire who we admire deeply for seamlessly passing the torch to ensure that every youth on the move continues their journey to success.

By Coreentje Phipps-Benjamin

CONGRATULATIONS

The members of Sandy Pointers and Friends congratulate Charles E. Mills Secondary School (Formerly Known as Sandy Point High School) On Its 50th Anniversary



Sandy Pointers and Friends is a 13-year-old New York-based group that is committed to assisting primary school students from Old Road to Dieppe Bay achieve academic excellence. To realize this goal, we have contributed educational materials and other educational equipment as requested by the respective schools.

ZIKA VIRUS

by Dr. Mervyn Richardson



Zika virus disease first emerged some 50 years ago in monkeys found in Uganda's Zika forest, hence the name "Zika Virus".

The first human cases of the mosquito-borne disease were reported in the early 1950's. The virus was relatively unknown until 2007 when the large outbreaks reportedly began in several islands of the Pacific Region. Then in 2014 the first local cases of transmission were detected in Chile and in May 2015, local transmission was reported in Brazil. Since then the Zika virus has spread to several countries and territories in the Americas and the Caribbean, including St. Kitts which reported its first three laboratory positive cases in September 2016 and Nevis which reported its first confirmed case in October 2016.

In February 2016, the World Health Organization designated the Zika virus a public health emergency of international concern, estimating up to 4 million people could be infected by year's end. Since May 2016, almost 60 countries have reported local Zika transmissions. Though not yet scientifically proven, experts strongly suspect a causal relationship between Zika infection during pregnancy and microcephaly - a birth defect in which a baby's head is smaller than expected when compared to babies of the same sex and age. With the possible risk to babies, the most recent CDC reports advise both men and women to refrain from sex or use proper protection throughout the duration of a pregnancy. So far an increase in microcephaly cases and other neonatal malformations has only been reported in Brazil and French Polynesia.

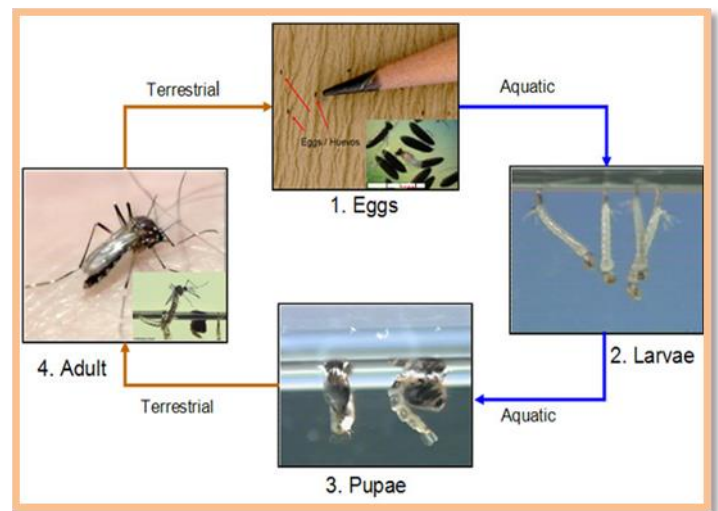
How is the virus transmitted?

Mosquito bite: The main route of transmission is through the bite of the *Aedes aegypti* mosquito. About 4 days (from 3 – 12 days) after being bitten by an infected mosquito the person can start to exhibit the first signs and symptoms.

Sexual intercourse: It has also been suggested that the virus can be transmitted sexually from an infected person to an uninfected.

Mosquitoes and their breeding sites pose a significant risk factor for Zika virus infection. The *Aedes aegypti* mosquito vec-

tors are aggressive daytime biters prefer to bite people, and live in and around humans and their environs. These mosquitoes typically lay eggs in standing water in things like barrels, used tires, buckets, flower pots, vases – in any type of container which can collect water. Therefore, prevention and control lies in reducing mosquito infestation levels through source reduction (removal and modification of breeding sites), and reducing contact between mosquitoes and people. Source reduction includes activities such as securely covering water barrels, placing used tires in areas where they cannot collect water, emptying flower vases and scrubbing the insides to dislodge mosquito eggs. The inspecting of premises – homes, schools, offices – once a week for at least 10 minutes to identify and remove breeding sites/potential breeding sites can be very effective in reducing the *Aedes aegypti* mosquito populations.



What are the main signs and symptoms of a Zika virus infection?

The symptoms of Zika are similar to other mosquito-borne infections such as dengue and chikungunya, and include fever, skin rashes, conjunctivitis, headache, weakness, muscle and joint pain and swelling, and a general feeling of being unwell.

There have also been reported potential neurological and autoimmune complications of Zika virus disease which include **Guillain Barre Syndrome (GBS)** and **meningitis**. In 2015, local health authorities in Brazil detected neurological syndromes, including GBS, in some patients

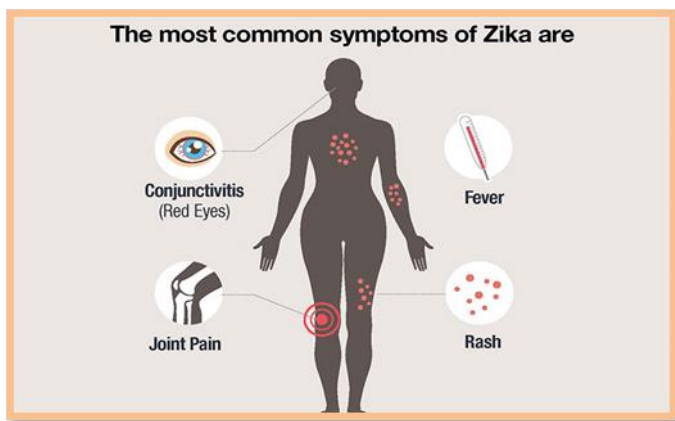
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who were recently infected with the Zika virus. As of January 2016, more than 3,500 cases of **microcephaly** (smaller than normal head size) and 46 related deaths have been reported in areas where the Zika is circulating in Brazil. This gives cause for concern as the evidence points to a potential link between Zika infection and microcephaly in babies born to mothers



who were infected with the virus during pregnancy.

who were infected with the virus during pregnancy.



How is Zika disease diagnosed?

Usually if a patient has the skin rash plus 2 of the other symptoms (fever, conjunctivitis, headache, weakness, muscle and joint pain), then it is presumed the patient has Zika. Your physician can then send a sample of blood to be tested to confirm the suspected diagnosis.

About 80% of infected patients will not even know they are infected with the virus as their symptoms may be so mild.

Is there a treatment for Zika virus?

There is no specific medicine or treatment for Zika virus infection. Rest and drinking plenty of liquids and appropriate medication for pain and fever are usually prescribed. At present, there are some companies that are seeking a cure for the Zika virus.

How severe is the Zika disease?

While symptoms are generally mild, there is growing concern that Zika infection may have adverse effects on pregnant women

and their babies. A clear link has not been established but pregnant women are advised to exercise extra precaution in avoiding mosquito bites during pregnancy.

What can be done to protect oneself and family?

- ◆ Reduce mosquito breeding
- ◆ Keep mosquito out of your house – screen your windows, keep windows closed
- ◆ Prevent the mosquito from biting – sleep under bednet, wear long sleeve clothing, use repellents applied to exposed skin
- ◆ Discard tires, tin cans and bottles appropriately from around your house
- ◆ Spend 10 minutes once a week to check around the house and yard to eliminate the sources of water
- ◆ Trim weeds and tall grasses around your yard
- ◆ Clean clogged gutters on the roof
- ◆ If significant other is pregnant and the male is infected, have protected sex using a condom for at least 6 months

REMEMBER, preventing mosquito breeding is everyone's business and the only way to stop the spread of the virus.

Zika virus disease

VIRUS TRANSMISSION

- MOSQUITO BITES
- MOTHER TO CHILD
- BLOOD TRANSFUSION
- SEXUAL CONTACT

SYMPTOMS

- PALE SKIN RASH
- FEVER
- CONJUNCTIVITIS
- VOMIT
- MUSCLE PAIN
- JOINT PAIN
- HEADACHE
- DIARRHEA

TREATMENT

- SEE A DOCTOR
- DRINK WATER
- GET REST
- DO NOT TAKE ASPIRIN

PREVENTION

- KEEP YOUR WINDOWS CLOSED
- COVER UP BE CAREFUL DURING PREGNANCY
- SLEEP UNDER BED NET
- USE REPELLENT
- EMPTY OR COVER WATER CONTAINERS

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>> What is Our Identity Costing Us In The Wrong Hands

The Internet that most of us know and use is only 4%, the other 96% is the “Dark Web”. The technology driving and connecting to the Web is advancing faster than the security professional that are safeguarding our personal and sensitive information. This year alone financial fraud is expected to surpass **US\$400 billion** globally. Everyone, as they adapt through the usage of smartphones / tablets / computers, should do their part to minimize the impact a compromised account or system would have on themselves.

>> Where can you start

Computing security can be compared to creating privacy in your home. In a typical home, privacy consists of layers. The layers are shutters, windows/louvers, the locking mechanisms, and curtains. The same principle applies to computing devices by creating security in depth, again through layers.

>> Possible Password Options

A first layer could start with a *unique* username and a *strong* password. A strong password should be more *than eight (8) characters since anything less is easily compromised*. Best practices for passwords are to avoid using names (given & family), hobbies, date of birth, anniversaries, pets, and things of this nature. For most of us, that information has already been shared with millions of others via our social networks. A good starting point for a great password is to use something that only you know, and should ideally consist of a combination of lower and Uppercase letters, numb3rs and other ch@racter\$ as well &, -, ! and so on. An example for a good password is the first letters of the following phrase “*de boy Snappy from Crab Hill tink he did run de ball field and a race kyar driver*” which could look like this “*dbSfCHthdrdbf@2rkd*”. Passwords should be changed 4 times a year (quarterly), and for banking or financial accounts even more frequently. No two accounts should ever have the same password, especially financial accounts.

⇒ **Layer2:** The devices in use should have some form of anti-virus (AV) and malware protection, especially for tablets and

“Target was hacked because of weak security practices which included a user password of 123456.”

smartphones equipped with Microsoft/Android/etc. Set the AV software, on the device(s) to perform a full scan for viruses and malware once a week. This full scan does not preclude having daily active scans that take place when the devices are first powered on.

⇒ **Layer3:** Quarterly, device manufacturers and software application vendors release software updates and patches in order to eliminate bugs. Applying these updates *immediately* is in your best interest.

>> WIFI at home and in public areas

Security in depth, includes the Wi-Fi router in your homes and those you access in public areas which you use to access the internet. There are several key security components to address starting with the name of the router, the type of authentication security (AS) and the passphrase (password) used to gain access to the Wi-Fi. The minimum AS settings for your Wi-Fi should be WPA2 Personal and a passphrase length of at least 14 characters.

Most Wi-Fi routers automatically use either their manufacturer/model names as the default

Service Set Identifier (SSID) which is the name of the network to which you would connect. It is recommended that this default be changed to something unique and which does not easily identify its owner. This type of identification should be especially avoided in areas where there are multiple Wi-Fi networks such as in densely populated areas. Once the features are configured, disable the SSID from automatically broadcasting its name so that users would have to manually and explicitly enter its name in order to access the network.

Another feature available on some Wi-Fi routers which should be taken advantage of is the “Guest Access”. This feature allows your guests to have internet access without having access to your home network. These Wi-Fi devices will also require the occasional hardware patching as well.

When outside of your home, you want to set your smartphone/tablets/laptop to **not** automatically reconnect to public hotspots. Reconnecting to hotspots should *always* be a manual process, since it is known that there are malicious actors who setup fake hotspots with the identical names of publically available hotspots, and you would then automatically and inadvertently connect to their rogue networks. These fake hotspot are setup to steal your financial and personally identifiable information (PII).

By Marvin Manning

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Al Warner presenting Kirk with SPBS gift of appreciation.

Kirk Schulz is the President and owner of Premier Southern Ticket Company. Kirk has a BS degree in Sales and Marketing from Ball State University. He enjoys focusing his energy on the development of new digital print technologies. These have propelled his company to a prominent position in the ticket and variable data printing industries. Looking to the future, Kirk is exploring ways to keep print relevant in a quickly changing digital world. He believes the secret to success in anything you do is Creativity and Persistence... never give up! Kirk lives on a small farm near Cincinnati, Ohio with his wife Sally. They have 4 children and 1 grandchild.



Kirk Schulz



Hello Kittitians, especially those from Sandy Point.

The pet industry expenditure for 2016 is estimated at US\$62,750,000,000 (62.75 billion dollars). This number

includes pet food, vet care, pet supplies, services and live animal purchases. It is of paramount importance to take proper care of your emotional and financial investment.

This article will focus on basic care for your new kitten and puppy. As a responsible pet owner, you'll want to protect your pet with appropriate vaccinations and deworming.

Upon receiving your new pet, it is necessary to stop at your local veterinarian. This is to ensure your new companion is healthy and free of congenital or infectious diseases.

Puppy and kitten vaccinations are critical to prevent contagious/infectious diseases. This is list of viruses and bacteria and how they affect your pet.

Leptospira and hepatitis are infectious agents that affect the kidney and liver of pets. However, Leptospira is a bacterium that can also affect the kidneys of humans.

Lyme disease affects dogs and humans and is carried by a specific tick species. Lyme causing bacteria damages many organs including the liver, heart, nervous system and kidneys.

Parvovirus, coronavirus, panleukopenia, and Feline Infectious Peritonitis (FIP) are highly contagious and debilitating viruses to pets that can lead to shock and death. These viruses affect the gastrointestinal tract of dogs and cats. Some of the most prominent clinical signs include vomiting, diarrhea, lethargy and decreased appetite.

Contagious respiratory tract disease affecting dogs and/or cats includes kennel cough, parainfluenza, feline herpes, chlamydia, feline leukemia, feline AIDS and canine influenza. These viruses cause coughing, nasal discharge, eye infections, infection and inflammation of the lungs or respiratory passage and some can lead to death.

There are viruses that affect the nervous system of dogs and cats. These viruses are distemper, rabies, feline infectious peritonitis. Rabies is a fatal viral disease of all mammals. Because rabies is a significant health hazard, it is extremely

important to vaccinate your pet.

A fecal exam and heartworm testing, should be performed routinely to ensure your pet is free of internal parasites. Internal parasites include heartworms, roundworms, hookworms, giardia, coccidia, tapeworms, lung worms and strongyloides are some of the more common worms. Roundworms and hookworms are transmitted to humans through direct contact with infected feces. Children are more susceptible because they play in the dirt that may be contaminated and are more likely to put dirty objects into their mouths. These worms can cause permanent nerve or eye damage, skin infection and even blindness.

Heartworms are invisible but can be a fatal disease. These worms are transmitted by mosquitoes. They live in the heart and lungs of affected pets and cause obstruction to the normal flow of blood. Coughing, difficulty breathing, vomiting and sluggishness are some of the common signs exhibited by the infected pet. Tapeworms, giardia and coccidia cause diarrhea, weight loss and overall failure to thrive.

Fleas and ticks are of grave concern to pets and pet's owners. At a minimum, they are a nuisance, however they can cause serious and life threatening illnesses to your pet. Fleas are one of the carrier for tapeworms, the internal parasite that causes weight loss and failure to thrive. Ticks transmit diseases that can affect pets and people including lyme disease and rocky mountain spotted fever. Other diseases affecting dogs includes ehrlichiosis, babesiosis, hepatozoonosis and in cats, tularemia and cytauzoonosis. Tick-borne diseases cause lameness, anorexia, fever, joint pain, and swelling or inflammation leading to vital organ malfunction.

We think of our pets as family members, therefore their diets should be made of the finest natural ingredients, enhanced with vitamins and minerals. I think a good diet should consist of real meat, veggies and fruits, rich in antioxidants, vitamins, minerals and trace minerals. Avoiding artificial colors, flavors, preservatives, corn, wheat and soy as the later three creates food allergic reactions in pets.

Toxicity is one of the leading causes of death in pets. Each year, thousands of pets suffer or die from accidental poisonings. Keep the following toxins from your pet's reach. Antifreeze, rat poison, insecticides, household cleaners, plants such as lilies, tulips, amaryllis, and chrysanthemum. Human prescription medicines, onions, chocolate, moldy or spoiled food, grapes and raisins, and

Continue ...

products with xylitol. In the event of a pet poison emergency, seek the help of the professionals. Always seek veterinary advice before administering any kind of treatment yourself.

Sterilization is a loving choice. Spaying or neutering your pet is a one-time expense with lifelong benefits. It helps your pet to live longer, healthier lives. It eliminates the stress of a female's heat cycle, avoids spraying, marking territory and roaming in male pets and saves millions of dollars spent controlling or euthanizing unwanted animals.

If your pet is acting strange with any of these symptoms, please call your veterinarian.

- ◆ Lethargy
- ◆ Unusual discharge from nose, eyes or anywhere else on the pet
- ◆ Increased or decreased appetite for a few days
- ◆ Excessive head shaking, scratching or licking
- ◆ Swelling or abnormal lumps
- ◆ Limping or difficulty getting up or laying down
- ◆ Foul breath
- ◆ Changes in urinating or drinking habits
- ◆ Persistent vomiting or diarrhea
- ◆ Obvious injury or illness

Once your pet is past its primary puppy vaccinations, a regular physical examination is the most important thing you can do to

help keep your pet healthy. It provides a chance to detect and prevent health problems early. Early detection saves life.

To everyone who was educated at SPS/CEMSS,

Happy 50th!

How many real names do you know?

- | | |
|------------------------------------|-----------------------------|
| Britain Tanyahead | Cock Ka Rico |
| Tuttyten (30ten) | GoodLil |
| Bibbits aka DEjuice | Suekey |
| Gubbee | Dopey |
| Indalay | Sylvie Tra-la-la |
| Under de yut | Cock |
| (under de earth) | Pussman |
| Tunegrabay | Sarlfish (Salt fish) |
| Scorchie | Graps |
| Peenarnee Madamlal | Dandy Lion |
| Artaps (the grave digarger) | Barkka |
| Stumpnee | Dickkie Swif |
| Ants Poop | Ropey Tony |
| Weddabee | Hurricane |
| Sirkalow | Ironspoon |
| Lay Lay | Whitehorse |
| Pi gee Wing | Tolley |
| Scumpptatu | Sleepy Man |



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Reflections on the Birth of Free Secondary Education in St. Kitts

by Sylvia Mills

I was there from the beginning. I was there when “Haleah” was a cane field; and during crop time I enjoyed seeing the cattle-carts taking the sugarcane to Bourkes Siding. “Wodeo!” shouted the carter-men, as they used their long whips to guide the cattle through the Recreation Ground. I was there during the dull-season when the women, with flour bags tied around their waists, picked the cotton and took it to Bourkes Estate to be weighed.

Then the news broke in 1965. “A High School is going to be built on Haleah, and you don’t have to pay to go to it.” This was great news because until then, a secondary education was only available for those who could afford to pay for it – at the Grammar School and the Girls’ High School in Basseterre. The fees were “only” EC\$14.40 per term, but yet most parents simply could not afford it. A limited number of students who had won scholarships, or whose parents were well-off, were able to go; but the vast majority of students could not attend secondary school. There were a number of influential persons who did not like the idea of providing free secondary education for all, so there was some intense opposition to the establishment of this new, comprehensive school “out in de country”, the Sandy Point High School. But the school was built.

The new High School was built and opened in 1966 to accommodate children aged 11 and over from the communities of Dieppe Bay, St. Paul’s, Newton Ground, and Sandy Point. The students were all new to the environment. Imagine, most of these students now had to wear a school uniform for the first time; some of them were accustomed to going to school barefooted, but now they had to wear shoes and socks; and some now had to take their lunches with them. They were used to sharing study space on long wooden desks and benches, but now each had his or her very own desk and chair. They had to make many adjustments. Many had chores to do before school, such as going to the mountain to help their parents, or to help with the animals, but now they had to get back in time in order to catch the school bus.

Though many parents were happy that their children were now getting free secondary education, they were also quite disgruntled because they now had to buy text books. I recall attending a PTA meeting at which members of the administration were present, and there was a father who actually cried while he outlined the dire plight he was in because he had to supply text books for his three children. This father and all parents had been previously accustomed to having the government provide all school necessities for the students.

With the advent of the new High School, most of the teachers from the feeder schools were transferred along with the students, and whereas in their former schools they had taught all the subjects, they now became subject teachers. During those very early years, very few graduate or trained teachers were available, so it was difficult to prepare students for overseas examinations. Back then, when a student gained four GCE passes in one sitting, it was considered a great accomplishment. However, with the injection of more trained teachers into the school, the students became better prepared, and with time, results improved significantly.

There were hard times but there were also good times. But the good times have far outweighed the hard times. The same parent who had cried that day at the PTA meeting many years ago can today be justly proud of his 3 children because one is now a successful businessman, another is a nurse and the third is a teacher. The Comprehensive System of Education as pioneered at the Sandy Point High School has worked for him, as it has for the many tens of thousands who have since benefitted from the presence of free, comprehensive education that is now available throughout St. Kitts and Nevis, as compared to the privileged few who had been benefitting from the limited old Grammar School education.

The Sandy Point High School has since been renamed the Charles E. Mills Secondary School, in honour of the man who had pursued studies in Education in London, England where he had seen first-hand the enormous benefits of having a Comprehensive System of Education in operation. Upon his return to St. Kitts, he successfully convinced the authorities to introduce a similar program in his home town of Sandy Point, and he then oversaw its successful implementation.

So out of “Haleah”, a former cane field, came the groundbreaking Sandy Point High School, set in luscious, green surroundings with the backdrop of the azure Caribbean Sea. A pioneering concept in comprehensive education – the very first in the nation, and in the Eastern Caribbean.

Hail SPHS / CEMSS! Pioneer!! Happy 50th Anniversary...



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Memories of my Childhood...

Conversations with my Daughter

- by Patrick Williams

There is one thing I will never ever forget about my mother – the stories of her childhood. Apart from the jumbie stories, the one that stood out in my mind was about going to “de bush” and those who accompanied her, illustrious folks in the Sandy Point community today who, at that time, had no choice but to work in order to eat.

I recall the excitement of my first visit to “de bush” with the Boys Brigade with people like Captain Vernon Guishard, Lieutenant Barker Richards and Warrant Officer “Cuffy” Lambert. At long last, I was face to face with “de bush” or the forest. It lived up to all my expectations and more. Following that first trip, I took many excursions to the forest as a boy and even as a professional Geography Teacher, I actually led seven (7) excursions to “de bush” for my students studying volcanicity and tropical rain forests.

Fast forward to the present, I took my own kids to “de bush” in my 4-wheel drive jeep and slid around the lower mountain paths. My daughter asked if people actually walked it to the hills. I said yes for it is not a long walk. Then she beamed because she was “hiking” in the forest. I encouraged her to hike it back to the house, but no way, “those days done”.

We then spoke about why the older generation journeyed to “de

used the magic word that most kids today could relate to, it was the “technology” of the day.

When the discussion focused on personal hygiene, it became a stretch! “Daddy, are you telling me that people used outdoor pits to pass their waste? “Yes dear,” I responded. “And they bathed in outside “bathrooms” too.” I shared with her that at nights, houses had pails and “pos” to pass wastes and the women bathed in enamel basins. “Wow! I can’t imagine living like that,” she exclaimed. I told her that when there was no toothpaste, we ate cane to clean our teeth or scrubbed our teeth with peas bush.

Then, the most intriguing question was posed; “Daddy what is cane?” I could not imagine a child from Sandy Point not knowing what cane was. So I started my long-winded explanation of the old sugar industry.

I told her that long before tourism and housing, almost all of the lands in St. Kitts was covered in sugar cane, from mountain to coast. We spoke of the people employed and the machinery used such as tractors and locomotives, the sugar factory and most recently harvesters, of little boys being chased by the railway police as we tried to get a piece of cane to eat. I told her about the red Farmal tractors at Bourkes that were fast on flat land but struggled to get over Crab Hill and about the old single piston “bata bata” tractors. That was exciting. We played games mimicking the bata bata tractors at slow and high speeds. But she was sad because she would never see any of that. Oh yes dear, here are some photos.

Then we spoke about public transportation. I told her back then

Fig 1: Cooking methods used during my childhood



From left to right: (1) Old stone oven; (2) Outdoor cooking on three firestone; (3) Coal pot

bush” back in the day “heading down” firewood so that their families could cook and bake. I told her that her grandmother, and her mother before her, made a living from the old stone oven in her backyard baking delicious Christmas and wedding cakes, potato and bread puddings. To her it was like a nancy story. “Why?” she asked. “Well honey in those days there were no gas stoves and ovens. People cooked in their back yards on three fire stones and baked in stone ovens ... Really, but why?” she asked again. Then I

there were few buses. People either bicycled and/or walked to and from Basseterre or rode in trucks. Persons like Mr. Isaac, Mr. Phipps and Mr. Stevens had trucks. I even gave her the story of the back of Mr. Stevens truck coming off with the entire Sandy Point cricket team in the back.

I told her that when her grandfather died in 1967 and the Williams family returned to Sandy Point to live we were moved by Mr. Phipps truck. She found that story... well, amusing.

She asked me about crime. I explained to her that there was no gun crime back then. A couple of bad boys would occasionally stab one another because we all had knives to peel the cane. Almost everyone went to Church and Sunday school so we got moral and religious teachings. “Plus, in addition to your mother, other elders in the community helped to raise you and punish you.” I told her. Ladies who were respected by the community earned the title “Aunt” and heaven helped you if one of those Aunts

Fig 2: Personal hygiene during my childhood



From (L) to (R): Outdoor pit latrine & Enamel pail & basin

Continue ...

made a complaint and stood outside your gate waiting for their “satisfaction”. For they would not leave unless they heard you crying inside. She giggled and said, “But Daddy these things don’t

one day you could pass them on to your own children. Your generation has brought in the digital age. All you talk about is cell phones and laptops and tablets. By the way, are you sick?” We

Fig 3: Memories of the sugar industry



Clockwise from top left: (1) Sugar cane at La Vallee; (2) Cutting the cane by hand; (3) Mechanical cane harvester; (4) Field loader and tractor; (5) Loading the cane at the railway siding; and (6) Locomotive transporting the cane to the sugar factory

happen now?” My response was, “Now you understand why there is so much crime? Our society has lost its standards for respect and manners, not even teachers are safe”. So one day, I said, “You know honey, there was a tradition of elders in the community passing on information to the younger ones via stories. I want you to remember your own childhood so that

laughed. “I spent all my time outdoor playing. You guys spend all your time indoors on gadgets.” She laughed and said, “Oops daddy, you are deleted.” We both laughed!

The challenge is to put a real name to each of the nicknames throughout the magazine

Dr. Woodings
Atlas
Straddie
Smeow
Pupa Larlee
Scoodee
KaPayco
Goono
Scalpee
Tattin
Deadwood
Keyzayya
Foe Poe
Monkey Fat
Inseegida
Brother Bad Food
Bimche aka DE Hulk
Nice Boy
Pampa Tu
Mango Bird
Baby Five Weight
Blackie

Set Teeth
Moogoo
Sailor
Arthur Never Sweat
Sonny Pepper
Wash Brook
Bofang
Poehead
Bagga
Yankee
Tommy Wrong Man
Bella Ginnebud
Milly Pick Out Me Eye
Ratty
Squeeze
Snowman
Biggs
Lay Me Go
Gabee
Pan am
DE Bear
Pumpee

Goose
Hammer
Nail
Hamming Mice
Lee Bing
Baggs Oil
Karky Eye
Pipepin
Slippin
Watt Us
Fowl
Manny Pasha
Mud
Geebo
Nankeen
Exile
Belluzz
Panty Claw
Brassy bottom
Helmet a Brass
Bobbin
Sweetheart

Turfee
3 GEARS
BOBO Nally
Bunny Fass
Pussa
Hookstick
Leggs
Lizzy Spratt
Small Fry
Dribble It
Sunnbut
Bamboo
Poopeeye
Abna
Bow wow
Hammer guts
Kellys bat
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Degallee
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May 1953

June 2014

Always Remembered

In Loving Memory of

Glenneth Leonie Williams

January 2nd 1939—November 13th 1999

Entrepreneur; Restaurant Owner; Caterer; Church Leader

You are probably looking down from heaven up above, sending out smiles with days of sunshine and showers of love.

Sadly missed by sons, Pat, Stewart, Larry, and the extended Warner family. Gone but not forgotten.

R.I.P.



Rosabelle Juliette Warner

March 29th 1928—July 9th 1996

Life Long Educator; Principal at Newton, Verchilds & Sandy Point Primary Schools; Mentor for many Education Professionals; Family Matriarch.

The years we shared were full of joy.

The memories we've made will go on and on.

We haven't stopped crying since you went away, and we've asked God time and time why couldn't you stay.

You lit up our lives, our hopes, and our dreams.

You've opened our eyes to see what it all means.

So now that you're gone how can we forget;

Because you were the greatest out of all we have met.

We miss you, Auntie

In Honour Of Our Loving Mother

MILLICENT ENA HARRIS

APRIL 1, 1919 - NOVEMBER 4, 2006

10th Anniversary of her Homegoing

HE CALLED MY NAME

*Millicent, you've served me well for all these years,
Through life's struggles and pain, with many tears
You knew one day you'll have the victory,
Because CHRIST paid the price to set you free.
So come home my weary child, lay down and rest
Heaven welcomes only the very best.
God said "keep on smiling, no need to frown.
Millicent, it is time to receive your crown."*

by K. Harris (daughter)

Children - Louise, Theophillus, Joseph, Vincent, Adolphus, Everson, Ilma, Karen

In The Loving Memory Of
The Hazels

Alan

Maudie

*Until We Meet Again
In the
Earthly Paradise*

**Brothers: Joseph Henry and Charles Edwards aka Nooxie also of Crab Hill.
Grandmother, and Uncle Rebecca and Zachariah Hazel and uncle Joshie of Mount Idle
from Lanice Hazel Henry and Amelia Mary Thomas and dear friend Glenneth Williams.
PS Rebecca, Alan, Zachariah and Joshie are the Great grandmother,
grandfather and uncles respectively of Mary.**

In Loving Memory of Our Parents

Austin & Sarah Paul



**Your lives,
were full of loving deeds,
Always thoughtful of other people's
needs.
Though you are gone, you are not
forgotten,
Your love is forever etched in our
hearts.
RIP until the return of the Lifegiver.**

Your children: Neville, Mary (Queen), and Avril

Grandchildren: Syrah, Nevella, Medwo, Neville Jr., Maceo and 4 great grandchildren

Congratulations to the Charles E. Mills Secondary School on the Celebration of Your 50th Anniversary!

**The Honorable Kenrick W. Clifton, Esq.
Town Councillor, Randolph, MA
and Family**



**Extend congratulations to the Sandy
Point Benevolent Society (SPBS) for its
contribution to Nation Building and to the
Recipients of Awards for their distinguished
accomplishments.**

CONGRATULATIONS TO SPBS



**“The best way to find yourself is to
lose yourself in the service of others”**

- Mahatma Ghandi



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CEMSS Interschool Squad



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SCASPA Team

CONGRATS & THANK YOU

Committed to excellence in education and the empowerment of young people, the Sandy Point Benevolent Society has maintained its munificent commitment to the young people of this nation. The Charles E. Mills Secondary School is deeply grateful to be the primary beneficiary of this illustrious organization's developmental thrust into the field of education. The Sandy Point Benevolent Society most recent gift of an 18 pan steel orchestra to revitalize and expand the school's music programme is well appreciated by staff and students. We value the time and effort it takes to organize and deliver such.

To the Sandy Point Benevolent Society, we at the Charles E. Mills Secondary School extend highest commendations. Congratulations are also accorded to the distinguished honourees for 2016; Ms. Angeline Revan, Mrs. Carline Edwards, Ms. Desiree Gumbs, Mr. Calvin Farier, Mr. Austin Duncan and Mr. Stachio Williams, all of whom we are extremely proud.

Thank you SPBS, Your generosity, your caring and your sharing continue to make a meaningful difference in the lives of the CEMSS family and the wider community on a whole.



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BRIMSTONE HILL FORTRESS

An aerial photograph of Brimstone Hill Fortress National Park. The image shows a large, multi-tiered stone fortification on a hillside. In the foreground, there is a large, circular stone structure, possibly a well or a cistern. To the right, a long, multi-arched stone aqueduct spans across a valley. The background features a large body of water, likely the sea, and a small town or village. The overall scene is a mix of natural greenery and historical stone structures.

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